

Date **13/07/2008**

Venue **Ipswich**

Host Club **Ipswich Harriers**

Club	Ipswich	Colch & T	Ryston/WNK	Southend	Camb & Col	Peterborough		Wasted Points
Club Letters	K	O	R	N	C	Z		
Scores - Boys Under 13	92	47	36	110	61	92	0	94
Scores - Boys Under 15	104	98	0	103	56	156	0	183
Scores - Men Under 17	101	0	0	101	115	101	0	338
Scores - Girls Under 13	73	91	0	56	38	89	0	185
Scores - Girls Under 15	104	54	0	122	71	136	0	213
Scores - Women Under 17	80.5	47	6	121.5	53.5	87.5	0	360
Total club points score	554.5	337	42	613.5	394.5	661.5	0	1373
Match Positions	3	5	6	2	4	1	7	

Total points (3976)

3976

Scored by.....

Checked by.....

Teams	Letter	Club	Letter	Club	Letter	Club	Letter	Club	Letter	Club	Letter	Club	Letter	Club	Letter	Club
A String	K	Ipswich	O	Colch & T	R	Ryston/WNK	N	Southend	C	Camb & Col	Z	Peterborough			-	-
B String	KK		OO		RR		NN		CC		ZZ					

Total points per string 28

Agegroup Under 13 Girls

Points	1st	7	2nd	6	3rd	5	4th	4	5th	3	6th	2	7th	1	8th	0
Events		First		Second		Third		Fourth		Fifth		Sixth		Seventh		Eighth
Sprint hlds A	K	13.0 A Falconer	N	13.4 H Lamkin	Z	13.6 E De Lucis	O	14.8 K Evans
Sprint hlds B
100m A	K	13.2 Enya Moore	Z	13.5 M Edwards	O	13.8 B Ibbotson	N	14.4 T Matsure	C	14.6 Alex Young
100m B	KK	13.6 E Lambert	ZZ	14.0 R Earl-Jarrett	OO	14.6 G Ibbotson	NN	14.9 H Clements
200m A	K	28.2 Emily Lambert	Z	28.5 M Edwards	N	29.7 T Matsure	O	29.7 B Ibbotson	C	33.4 Alex Young
200m B	KK	27.8 Enya Moore	ZZ	28.3 R Earl-Jarrett	OO	30.7 B Fenn	NN	30.8 H Lamkin
800m A	O	2.42.0 B Fenn	K	2.47.4 Rosie Payne	Z	2.48.9 S Lambert	C	3.19.2 Amy Gray
800m B	OO	3.08.4 Z Neville
1500m A	C	5.27.5 Hollie Parker	Z	5.46.8 Maiya Greenwood
1500m B
4 x 100m	Z	55.1 Peterborough	K	56.2 Ipswich	N	59.3 Southend	O	59.3 Colch & T
Highjump A	KK	1.25 E Lambert	C	1.2 Amy Gray	Z	1.15 S Lambert	O	1.15 H Lawrence
Highjump B	K	1.2 A Serrietello	OO	1.1 K Evans	ZZ	1 M Greenwood
Longjump A	Z	4.47 M Edwards	O	3.97 H Brereton	C	3.75 Alex Young	N	3.67 H Lamkin	KK	3.14 E Bloomfield
Longjump B	OO	3.89 B Ibbotson	ZZ	3.87 R Earl-Jarrett	CC	3.48 Amy Gray	NN	3.37 K McCrory
Shot A	NN	6.29 H Clements	O	5.96 H Brereton	ZZ	5.96 Kayleigh	K	5.94 E Bloomfield
Shot B	OO	5.87 K Fitzgerald	KK	5.33 B Leigh-Wilkins	N	5.33 T Matsure	Z	4.29 S Lambert
Discus A	OO	18.59 G Ibbotson	K	16.98 E Bloomfield	C	12.35 Hollie Parker	Z	11.88 K Russell	NN	8.91 H Clements
Discus B	O	16.56 K Fitzgerald	ZZ	9.99 M Greenwood	N	8.22 K McCrory

Age group Grand Totals - Track plus Field

Position in age group

Club letters

Scores							WASTE	TOTAL	CHECK
K	O	R	N	C	Z	-			
7	4		6		5		6	28	28
							28	28	28
	5		4	3	6		10	28	28
7	5		4		6		6	28	28
7	4		5	3	6		3	28	28
7	5		4		6		6	28	28
6	7			4	5		6	28	28
	7						21	28	28
				7	6		15	28	28
							28	28	28
6	4		5		7		6	28	28
7	4			6	5		6	28	28
7	6				5		10	28	28
3	6		4	5	7		3	28	28
	7		4	5	6		6	28	28
4	6		7		5		6	28	28
6	7		5		4		6	28	28
6	7		3	5	4		3	28	28
	7		5		6		10	28	28

73	91	0	56	38	89	0	0	185	532	532
3	1		4	5	2					
K	O	R	N	C	Z		-			

Teams	Letter	Club	Letter	Club	Letter	Club	Letter	Club	Letter	Club	Letter	Club	Letter	Club
A String	K	Ipswich	O	Colch & T	R	Ryston/WNK	N	Southend	C	Camb & Col	Z	Peterborough	-	-
B String	KK		OO		RR		NN		CC		ZZ		-	-

Total points per string = 28

Agegroup Under 15 Girls

Points	1st	7	2nd	6	3rd	5	4th	4	5th	3	6th	2	7th	1	8th	0
Events	First		Second		Third		Fourth		Fifth		Sixth		Seventh		Eighth	
75mH A	N	12.2 N Woodhouse	C	13.1 Jessica Fox	Z	13.3 S Williams
75mH B	CC	14.3 Laura Millichap	ZZ	14.4 A Holland
100m A	N	13.2 O Law	K	13.4 J Crissell	O	13.7 L Crowhurst	Z	13.9 C Windsor	C	14.0 Martha George
100m B	ZZ	13.6 S Fowler	KK	13.8 Flo Cage	NN	14.1 L McCrory	OO	14.5 J Lawrence	CC	15.0 Issy La Hausse
200m A	N	27.0 G Edwards	K	27.7 C Shelley	O	28.5 L Crowhurst	Z	28.6 C Windsor	C	30.1 Martha George
200m B	NN	27.7 O Law	KK	28.5 Flo Cage	CC	30.7 L Millichap	OO	30.8 E Carter	ZZ	31.2 J Bingham
300m A	Z	44.6 L Arnold	N	45.0 S McCrory	O	46.5 H Colthart	C	49.2 M Turner	K	52.6 E Froud
300m B	ZZ	44.3 S Fowler	NN	46.5 B Ashbrook	KK	47.1 Sian Fagg	CC	49.5 M George
800m A	N	2.23.6 J Mead	Z	2.30.8 G Freeman	K	2.46.8 Lucy Barnes
800m B	ZZ	2.27.4 L Arnold	NN	2.28.9 N Woodhouse	KK	3.07.0 E Froud
1500m A	O	5.02.3 F Doe	K	5.03.1 C Caiger	Z	5.07.3 S Williams	N	5.14.0 J Lacey
1500m B	ZZ	5.13.2 A Hawes-Eynon
4 x 100m	N	53.4 Southend	K	54.5 Ipswich	Z	55.7 Peterborough	C	57.8 Camb & Col
Highjump A	N	1.50 N Woodhouse	ZZ	1.45 S Williams	O	1.40 E Carter
Highjump B	Z	1.35 A Holland	NN	1.25 S Saengon
Longjump A	K	4.61 J Crissell	C	4.39 Jessica Fox	Z	4.28 G Woods	O	3.89 H Colthart	NN	3.69 H Collard
Longjump B	CC	3.73 Issy La Hausse	OO	3.52 J Lawrence	N	3.48 M Kelly	KK	3.47 Jade Willis	ZZ	3.42 J Bingham
Polevault A
Shot A	N	8.79 M Short	K	6.42 R Aldous	Z	6.08 Amber Kenny	C	5.93 Amy Crab
Shot B	NN	6.06 B Ashbrook	KK	5.99 Emma Galloway	ZZ	5.86 A Hawes-Eynon	CC	4.63 Sumin Baxter
Discus A	K	28.04 Sian Fagg	Z	19.55 A Holland	N	15.53 M Short	OO	14.66 L Crowhurst	C	13.26 Amu Crab
Discus B	KK	15.84 R Aldous	ZZ	14.21 S Fowler	O	12.59 E Carter	NN	11.11 H Collard	CC	10.99 Issy La Hausse
Javelin A	Z	26.31 G Woods	K	24.44 Sian Fagg	C	20.15 Laura Millichap	N	15.66 M Short
Javelin B	KK	13.89 R Aldous	ZZ	13.21 P Ford	NN	9.63 L McCrory
Hammer A	z	12.54 Amber Kenny

Scores							WASTE	TOTAL	CHECK	
K	O	R	N	C	Z	-				
			7	6	5			10	28	28
				7	6			15	28	28
6	5		7	3	4			3	28	28
6	4		5	3	7			3	28	28
6	5		7	3	4			3	28	28
6	4		7	5	3			3	28	28
3	5		6	4	7			3	28	28
5			6	4	7			6	28	28
5			7		6			10	28	28
5			6		7			10	28	28
6	7		4		5			6	28	28
					7			21	28	28
6			7	4	5			6	28	28
	5		7		6			10	28	28
			6		7			15	28	28
7	4		3	6	5			3	28	28
4	6		5	7	3			3	28	28
								28	28	28
6			7	4	5			6	28	28
6			7	4	5			6	28	28
7	4		5	3	6			3	28	28
7	5		4	3	6			3	28	28
6			4	5	7			6	28	28
7			5		6			10	28	28
					7			21	28	28

Age group Grand Totals - Track plus Field

Position in age group

Club letters

104	54	0	122	71	136	0	0	213	700	700
3	5		2	4	1					
K	O	R	N	C	Z		-			

Teams	Letter	Club	Letter	Club	Letter	Club	Letter	Club	Letter	Club	Letter	Club
A String	K	Ipswich	O	Colch & T	R	Ryston/WNK	N	Southend	C	Camb & Col	Z	Peterborough
B String	KK		OO		RR		NN		CC		ZZ	

Total points per string = 28

Agegroup U17 Women

Points	1st	7	2nd	6	3rd	5	4th	4	5th	3	6th	2	7th	1	8th	0
Events	First		Second		Third		Fourth		Fifth		Sixth		Seventh		Eighth	
80mH A	N	12.5 E Evans
80mH B
100m A	N	13.3 A McDonald	Z	13.4 S Emanuel	O	13.8 K Matringe	K	14.0 Becky Low	C	14.1 M Oliver	R	14.1 V Bormann
100m B	KK	13.5 Sharn Jones	ZZ	13.6 M Edwards	NN	13.7 A Dean
200m A	K	27.3 Sharn Jones	N	27.5 A Dean	Z	27.9 M Edwards	R	28.3 V Borrmann	C	28.5 M Oliver	O	28.5 A Patterson
200m B	OO	27.9 K Matringe	ZZ	28.3 C Swain	KK	28.5 Becky Low	CC	29.1 Harriet Cox	NN	30.4 A Kyriakides
300m A	N	43.2 A McDonald	O	45.2 A Patterson	Z	45.8 G Bays	C	46.4 Ellie Taylor
300m B	NN	42.9 F Clarke	OO	45.4 S Eyers	CC	47.6 Harriet Cox	ZZ	50.4 L Fitch
800m A	Z	2.27.0 G Bays	O	2.28.0 S Eyers	C	2.35.6 Ellie Taylor	N	2.45.8 A Kyriakides
800m B	NN	3.10.4 H Gillard
1500m A	N	5.27.9 H Gillard	K	6.40.9 Laura Revell
1500m B	KK	5.25.9 K Hamilton
4 x 100m	N	52.6 Southend	K	53.3 Ipswich	Z	54.2 Peterborough	C	56.1 Camb & Col
Highjump A	N	1.40 E Evans	Z	1.40 D Spencer	K	1.35 Becky Low	C	1.35 M Smith
Highjump B	NN	1.20 A McDonald
Longjump A	K	4.95 Sharn Jones	C	4.27 Flavia Kumar	O	4.20 K Matringe	Z	4.16 D Spencer	N	3.84 A Kyriakides
Longjump B	KK	4.15 N Holmes
Triplejump A	Z	9.52 D Spencer	CC	9.15 Flavia Kumar
Triplejump B
Polevault A
Shot A	Z	6.85 C Swain	N	5.94 E Evans	O	5.42 J Porter	C	5.29 Ellie Taylor	KK	4.92 N Holmes
Shot B	ZZ	5.68 G Bays	K	4.62 K Hamilton	NN	3.75 E Burgess
Discus A	N	18.06 A Dean	ZZ	17.65 L Fitch	O	16.80 J Porter	K	16.74 Ella O'Riordan
Discus B	NN	12.81 F Clarke	Z	11.89 M Edwards
Javelin A	K	20.58 Ella O'Riordan	N	13.04 F Clarke	CC	11.45 Harriet Cox
Javelin B	NN	7.45 E Burgess
Hammer A

Scores										WASTE	TOTAL	CHECK	
K	O	R	N	C	Z	-	-	-	-	-			
			7								21	28	28
											28	28	28
4	5	2	7	3	6						1	28	28
7			5		6						10	28	28
7	2	4	6	3	5						1	28	28
5	7		3	4	6						3	28	28
	6		7	4	5						6	28	28
	6		7	5	4						6	28	28
			7								21	28	28
6			7								15	28	28
7											21	28	28
6			7	4	5						6	28	28
4.5			6.5	4.5	6.5						6	28	28
			7								21	28	28
7	5		3	6	4						3	28	28
7											21	28	28
				6	7						15	28	28
											28	28	28
											28	28	28
3	5		6	4	7						3	28	28
6			5		7						10	28	28
4	5		7		6						6	28	28
			7		6						15	28	28
7			6	5							10	28	28
			7								21	28	28
											28	28	28

Age group Grand Totals - Track plus Field
 Position in age group
 Club letters

80.5	47	6	121.5	53.5	87.5	0	0	360	756	756
3	5	6	1	4	2					
K	O	R	N	C	Z					

Teams	Letter	Club	Letter	Club	Letter	Club	Letter	Club	Letter	Club	Letter	Club	Letter	Club	Letter	Club
A String	K	Ipswich	O	Colch & T	R	Ryston/WNK	N	Southend	C	Camb & Col	Z	Peterborough			-	-
B String	KK		OO		RR		NN		CC		ZZ				-	-

Total points per string 28

Agegroup Under 13 Boys

Points	1st	7	2nd	6	3rd	5	4th	4	5th	3	6th	2	7th	1	8th	0
Events	First		Second		Third		Fourth		Fifth		Sixth		Seventh		Eighth	
75mH A	K 13.5 E Thompson		Z 14.4 L Eagle		R 15.4 M Bailey		O 15.7 T Fahie		N 16.4 Joe Beard		C 22.5 Ben Tofts					
75mH B	KK 14.2 K Hagan		ZZ 16.5 A Fowler		RR 16.7 E Borrman											
100m A	N 13.2 Mitchell Turffrey		R 13.9 C Brooks		Z 13.9 J Chatham		K 14.1 F Fadeyi		C 14.1 Joe Ebanks		O 15.4 T Fahie					
100m B	NN 13.9 Scott Tansley		KK 14.3 K Hagan		CC 15.2 Matt Taylor		ZZ 15.4 J De Lucis		OO 16.3 J Alexander							
200m A	N 26.9 Mitchell Turffrey		C 28.9 Joe Ebanks		R 29.2 C Brooks		Z 29.9 J Chatham		K 32.4 J Green		O 33.8 D Hill					
200m B	NN 28.9 Scott Tansley		ZZ 29.4 M Holland		CC 33.5 Liam Webber		KK 34.8 C Scott									
800m A	N 2.30.5 Rob Frith		O 2.43.6 D Frost		K 2.48.6 T Jenkins		Z 2.49.5 A Fowler		C 2.53.9 Joe Tofts		R 2.57.0 M Bailey					
800m B	NN 2.42.3 Steven Hancock		ZZ 2.58.1 N Smith		RR 2.59.6 E Borrman											
1500m A	N 5.07.0 Joe Beard		O 5.23.4 J Alexander		Z 5.53.0 B Paddock											
1500m B	NN 5.37.4 Callum		OO 5.56.6 D Hill													
4 x 100m	N 55.7 Southend		K 56.8 Ipswich		Z 58.4 Peterborough		C 59.9 Camb & Col									
Highjump A	KK 1.47 K Hagan		Z 1.38 M Holland		N 1.3 O Woodhouse		O 1.25 D Frost		C 1.15 Matt Taylor							
Highjump B	K 1.25 E Thompson		ZZ 1.25 L Eagle		NN 1.2 Rob Frith		OO 1.2 O Gifford									
Longjump A	N 4.89 Mitchell Turffrey		Z 4.35 M Holland		KK 4.23 F Fadeyi		C 3.94 Joe Ebanks		R 3.79 C Brooks		O 3.44 O Gifford					
Longjump B	NN 4.57 Scott Tansley		K 4.21 E Thompson		ZZ 4.02 J Chatham		CC 2.69 Liam Webber									
Shot A	K 11.61 H Mortimore		C 8.39 David Warboys		N 8.35 Kyle Marshall		Z 7.06 T Dewar		R 5.90 M Bailey		O 5.22 O Gifford					
Shot B	CC 6.50 Will Cox		NN 5.58 Jo Beard		ZZ 5.58 N Smith		KK 4.53 T Jenkins									
Discus A	K 28.75 H Mortimore		O 20.18 D Frost		Z 19.09 T Dewar		C 18.83 David Warboys		N 16.81 Owoodhouse		R 14.28 E Bormann					
Discus B	KK 18.17 B Hutchinson		NN 14.69 Callum		CC 14.23 Will Cox		ZZ 13.44 N Smith									

Scores										WASTE	TOTAL	CHECK	
K	O	R	N	C	Z	-							
7	4	5	3	2	6						1	28	28
7		5			6						10	28	28
4	2	6	7	3	5						1	28	28
6	3		7	5	4						3	28	28
3	2	5	7	6	4						1	28	28
4			7	5	6						6	28	28
5	6	2	7	3	4						1	28	28
		5	7		6						10	28	28
	6		7		5						10	28	28
	6		7								15	28	28
6			7	4	5						6	28	28
7	4		5	3	6						3	28	28
7	4		5		6						6	28	28
5	2	3	7	4	6						1	28	28
6			7	4	5						6	28	28
7	2	3	5	6	4						1	28	28
4			6	7	5						6	28	28
7	6	2	3	4	5						1	28	28
7			6	5	4						6	28	28

Age group Grand Totals - Track plus Field

Position in age group

Club letters

92	47	36	110	61	92	0	0	94	532	532
2	5	6	1	4	2					
K	O	R	N	C	Z		-			

A String	K	Ipswich	O	Colch & T	R	Ryston/WNK	N	Southend	C	Camb & Col	Z	Peterborough	-	-
B String	KK		OO		RR		NN		CC		ZZ			-

Agegroup Under 15 Boys

Points	1st	7	2nd	6	3rd	5	4th	4	5th	3	6th	2	7th	1	8th	0
Events	First		Second		Third		Fourth		Fifth		Sixth		Seventh		Eighth	
80mH A	Z	13.0 A Kimber	N	13.9 P McCluskey	O	16.5 C Drury
80mH B	ZZ	15.2 J Bewson
100m A	Z	12.0 J Grewfell	K	12.1 J Hutchinson	N	12.4 L Popoola	C	12.7 Jay Cronin	O	13.7 A Spalding
100m B	ZZ	12.0 B Turner	NN	12.4 Tom Watts	KK	12.6 M constable	CC	13.3 D Ebanks	OO	13.6 T Gifford
200m A	Z	24.4 J Grewfell	N	24.8 Tom Watts	C	27.2 J Cronin	O	28.1 A Spalding	K	28.6 T Powell
200m B	NN	25.6 L Popoola	ZZ	26.6 J Bold	KK	29.2 L Mouser
400m A	C	56.7 S Pullen	O	56.9 M Porter	N	57.7 Harry Grose	Z	60.2 T Smith	K	67.8 L Whurr
400m B	ZZ	56.8 V Hart	NN	59.5 James Blake	OO	61.0 A D-Andrea
800m A	Z	2.08.0 V Hart	N	2.08.8 Harry Grose	O	2.10.4 M Porter	C	2.11.5 S Pullen	K	2.44.1 O Norman
800m B	NN	2.13.6 Luke Oliver	ZZ	2.22.1 T Smith	OO	2.25.3 J Gibbon
1500m A	N	4.35.5 Ben Austin	Z	4.45.2 N Stone	O	4.47.6 J McCleod	C	4.49.3 J Cochrane	K	5.24.3 A Revell
1500m B	NN	4.49.9 O Kyriakides	CC	4.59.3 S Kennard	ZZ	5.49.9 C Howarth
4 x 100m	Z	48.8 Peterborough	N	51.3 Southend	K	52.9 Ipswich	O	55.7 Colch & T
Highjump A	K	1.74 C Sobers	N	1.55 Harry Grose	Z	1.50 L Tierney	O	1.40 J Chamberlain	CC	1.30 James Vane
Highjump B	KK	1.55 L Turner	OO	1.35 C Drury	NN	1.35 P McCluskey	ZZ	1.30 P Godly	C	1.20 C Ennis
Longjump A	Z	5.98 J Grewfell	K	5.91 C Sobers	O	4.42 C Drury	C	4.37 D Ebanks
Longjump B	KK	4.86 G Park	ZZ	4.85 L Tierney	CC	3.86 C Ennis	OO	3.42 T Gifford
Polevault A	Z	2.80 Ed Fitch	O	1.90 J Chamberlain
Shot A	Z	9.70 A Kimber	K	9.64 F Bloomfield	OO	9.11 A D-Andrea	NN	5.74 H Foster-Carter
Shot B	ZZ	8.86 G Stuffsins	KK	8.47 S Harman	O	8.22 M Porter
Discus A	K	36.11 F Bloomfield	ZZ	22.86 G Stuffsins	OO	22.03 A Chamberlain
Discus B	KK	23.01 S Harman	Z	21.79 A Kimber	O	20.89 A D-Andrea
Javelin A	C	41.67 J Cronin	KK	32.55 M Hart	ZZ	26.36 P Godly	O	25.76 A Chamberlain	N	14.80 Paul McCluskey
Javelin B	K	26.49 O Norman	Z	26.11 L Tierney	NN	9.82 James Blake
Hammer A	Z	32.68 S Wilson	N	25.31 Ashley Dean	K	24.84 F Bloomfield	O	21.20 A Chamberlain

Age group Grand Totals - Track plus Field

Position in age group

Club letters

Scores							WASTE	TOTAL	CHECK
K	O	R	N	C	Z	-			
	5		6		7		10	28	28
					7		21	28	28
6	3		5	4	7		3	28	28
5	3		6	4	7		3	28	28
3	4		6	5	7		3	28	28
5			7		6		10	28	28
3	6		5	7	4		3	28	28
	5		6		7		10	28	28
3	5		6	4	7		3	28	28
	5		7		6		10	28	28
3	5		7	4	6		3	28	28
			7	6	5		10	28	28
5	4		6		7		6	28	28
7	4		6	3	5		3	28	28
7	6		5	3	4		3	28	28
6	5			4	7		6	28	28
7	4			5	6		6	28	28
	6				7		15	28	28
6	5		4		7		6	28	28
6	5				7		10	28	28
7	5				6		10	28	28
7	5				6		10	28	28
6	4		3	7	5		3	28	28
7			5		6		10	28	28
5	4		6		7		6	28	28

104	98	0	103	56	156	0	0	183	700	700
2	4		3	5	1					
K	O	R	N	C	Z		-			

Teams	Letter	Club	Letter	Club	Letter	Club	Letter	Club	Letter	Club	Letter	Club	Letter	Club
A String	K	Ipswich	O	Colch & T	R	Ryston/WNK	N	Southend	C	Camb & Col	Z	Peterborough	-	-
B String	KK		OO		RR		NN		CC		ZZ		-	-

Total points per string = 28

Agegroup Under 17 Men

Points	1st	7	2nd	6	3rd	5	4th	4	5th	3	6th	2	7th	1	8th	0
Events	First		Second		Third		Fourth		Fifth		Sixth		Seventh		Eighth	
100mH A	Z	16.0 Jack Jones
100mH B
100m A	Z	11.4 J Holland	N	11.4 Jake King	K	12.0 T Creasey	C	12.1 Ben Davies
100m B	KK	12.0 A Rawling	CC	12.1 Jordan Stafford	ZZ	12.1 R McConnachie
200m A	N	22.8 Jake King	Z	23.8 J Holland	K	24.2 A Rawling	C	24.7 Jordan Stafford
200m B	KK	23.8 R Macdonald	ZZ	25.0 R McConnachie	CC	26.3 Jack Cootes
400m A	Z	55.3 M Frankland	N	55.4 Liam Peoples	K	55.5c E Doe	C	56.8 Jack Cootes
400m B	NN	58.2 Kyle Aldridge	KK	58.3 M Sturgeon	ZZ	62.9 S McMullen
800m A	N	2.03.2 Tom Frith	Z	2.12.0 M Frankland	K	2.14.8 J Ali
800m B	NN	2.16.6 Kyle Aldridge
1500m A	N	4.27.7 Dave Smale	K	4.30.8 R Fawcett	C	4.32.5 Ben Whittle	Z	4.33.7 L Phillips
1500m B	KK	4.41.0 J Ali	CC	5.21.3 B Kennard
4 x 100m	N	47.4 Southend	K	47.6 Ipswich	C	48.6 Camb & Col	Z	54.0 Peterborough
Highjump A	Z	1.80 Jack Jones	K	1.60 A Kitterman	C	1.55 Luke Andrews
Highjump B	ZZ	1.70 A Smith	CC	1.40 Jack Cootes
Longjump A	Z	5.78 Jack Jones	C	5.75 Ben Davies	N	5.40 Dave Smale	K	5.18 R Macdonald
Longjump B	NN	5.10 Tom Frith	CC	5.08 Jordan Stafford	KK	4.74 T Creasey	ZZ	3.58 L Phillips
Triplejump A	N	11.69 Jake King	C	10.98 Ben Davies	K	10.20 R Fawcett
Triplejump B
Polevault A	Z	3.30 A Smith
Shot A	C	11.05 Martin Lawrence	K	9.54 E Doe	N	8.41 Tom Frith
Shot B	CC	9.40 J Stafford	KK	8.20 M Sturgeon	NN	6.82 Kyle Aldridge
Discus A	Z	38.65 A Smith	C	33.44 Martin Lawrence	N	30.35 Liam Peoples	KK	15.47 A Kitterman
Discus B	CC	25.92 Alex Morter	K	13.97 A Rawlingsq
Javelin A	N	40.94 Liam Peoples	C	40.54 Alex Morter	Z	23.64 M Frankland
Javelin B	CC	26.28 Luke Andrews	NN	6.44 Dave Smale
Hammer A	C	19.76 Martin Lawrence

Scores							WASTE	TOTAL	CHECK	
K	O	R	N	C	Z	-				
					7			21	28	28
								28	28	28
5			6	4	7			6	28	28
7				6	5			10	28	28
5			7	4	6			6	28	28
7				5	6			10	28	28
5			6	4	7			6	28	28
6			7		5			10	28	28
5			7		6			10	28	28
			7					21	28	28
6			7	5	4			6	28	28
7				6				15	28	28
6			7	5	4			6	28	28
6				5	7			10	28	28
				6	7			15	28	28
4			5	6	7			6	28	28
5			7	6	4			6	28	28
5			7	6				10	28	28
								28	28	28
					7			21	28	28
6			5	7				10	28	28
6			5	7				10	28	28
4			5	6	7			6	28	28
6				7				15	28	28
			7	6	5			10	28	28
			6	7				15	28	28
				7				21	28	28

Age group Grand Totals - Track plus Field

Position in age group

Club letters

101	0	0	101	115	101	0	0	338	756	756
2			2	1	2					
K	O	R	N	C	Z		-			