

Eastern Young Athletes' League

Match Result Summary Sheet

Date 24th July 2011

Venue Cambridge

Host Club C&C

Club	C&C	Ryston/WN	Ipswich	West Suff	Luton	Braintree	.	Wasted Points
Club Letters	C	R	K	J	U	A	-	
Scores - Boys Under 13	86	0	56	55	63	36	0	103
Scores - Boys Under 15	119	55	54	116	58	31	0	92
Scores - Men Under 17	96	67	39	56	100	6	0	203
Scores - Girls Under 13	95	29	57	47	8	19	0	144
Scores - Girls Under 15	108	46	75	49	51	49	0	147
Scores - Women Under 17	78	66	64	97	1	33	0	228
Total club points score	582	263	345	420	281	174	0	917
Match Positions	1	5	3	2	4	6	7	

Total points (2982)

2982

Scored by.....

Checked by.....

Immediately after the match send the team result to Ray Gibbins – tel. 0208 373 1957 and 07774 540352, or e-mail raygibbins1@activemail.co.uk
Send the complete score sheet, inc. non-scorers, plus all team declarations to the Fixtures Secretary – Mr R Gibbins, 6 Hoecroft Court, Hoe Lane, Enfield, Middlesex, EN3 5SJ, as soon as possible, after first checking that the results are correct and that the points, inc. wasted points, add up to a total of 2982.

Send copies of the score sheet, plus non-scorers, to all visiting clubs. Phone, fax or e-mail the match result and the performances meeting AW publication standards to Athletics Weekly as soon as possible (results@athletics-weekly.com Tel. 01733 808534 Fax. 01733 808535).

Send copies of the full results sheets to Power of 10 (admin@thepowerof10.info)

Agegroup Under 13 Girls

Points	1st	6	2nd	5	3rd	4	4th	3	5th	2	6th	1	7th	0	8th	0
Events	First		Second		Third		Fourth		Fifth		Sixth		Seventh		Eighth	
100m A	c Finlay Marriott	13.7	r Edwards Niamh J	14.0	k Chloe Godbold	14.3	j Zoe Beckley	14.4	a Amy Coleman	14.7
100m B	cc Debraide Omitow	14.2	kk Lauren Grubb	14.5	rr Niamh Jackson	15.3	jj Megan Newton	16.4
200m A	c Lucy Parker	28.7	j Sophie Tooley	29.1	k Miri Bud	29.4	r Lucy Edwards	30.3	a Amy Coleman	33.1	u Kayley Billington	33.6
200m B	cc Debraide Omitow	29.1	kk Lermae Youngs	29.4	rr Georgia Dargar	31.3
800m A	j Sophie Tooley	2:26.8	u Kayley Billington	2:44.1	c Lauren Murphy	2:48.8	k Chloe Godbold	2:49.3	r annah Greenhal	3:03.9
800m B	jj Megan Newton	2:52.0	cc Rose Cahill	2:55.0
1500m A	c Lucy Parker	5:16.4
1500m B	cc na Schaertlin-C	5:42.5
Sprint hds A	c Finlay Marriott	12.5	k Miri Bud	12.6	J Beth Keswick	12.7	r Emma Dewdney	16.4	u Kayley Billington	17.2	jj Zoe Beckley	DNF
Sprint hds B
4 x 100m	c C&C	57.0	k Ipswich	59.2	j West Suff	60.4
Highjump A	j Beth Keswick	1.42	k Lauren Grubb	1.40	c Emily Dowsett	1.25	r Kelsey Wender	1.15
Highjump B	cc arolina Rehakov	1.10
Longjump A	j Beth Keswick	4.32	kk Miri Bud	4.23	a Amy Coleman	4.17	cc Alena Purdue	3.74	rr Niamh Jackson	3.60
Longjump B	k Lermae Youngs	4.11	c Finlay Marriott	3.23	jj Megan Newton	2.96	aa Madison Fribben	1.85
Shot A	c lentina Coppola	7.95	k Daisy Tucker	6.74	a Madison Fribben	4.70	rr Emma Dewdney	4.49
Shot B	cc Debraide Omitow	5.65
Discus A	c lentina Coppola	19.99	k Daisy Tucker	18.93	a Madison Fribben	11.99
Discus B	cc Lucy Parker	13.89

Age group Grand Totals - Track plus Field

Position in age group

Club letters

Scores											WASTE
C	R	K	J	U	A	-	-				
6	5	4	3		2						1
6	4	5	3								3
6	3	4	5	1	2						0
6	4	5									6
4	2	3	6	5							1
5			6								10
6											15
6											15
6	3	5	4	2							1
											21
6		5	4								6
	3	5	6								7
6											15
3	2	5	6		4						1
5		6	4		3						3
6	3	5			4						3
6											15
6		5			4						6
6											15

95	29	57	47	8	19	0	0	144
1	4	2	3	6	5			
C	R	K	J	U	A	-	-	

Agegroup Under 15 Girls

Points	1st	6	2nd	5	3rd	4	4th	3	5th	2	6th	1	7th	0	8th	0
Events		First		Second		Third		Fourth		Fifth		Sixth		Seventh		Eighth
100m A	c	13.1 Catriona Marriott	j	13.2 Ellie Keswick	r	13.2 Ellie Drake	k	13.7 Mollie Frost	a	13.7 Rhiannon Howard	u	13.8 Eavion Richardson				
100m B	cc	13.3 Sarah Dowsett	rr	13.3 Katie Pursehouse	kk	13.6 Chloe Stopher	uu	13.6 Rebekah Morgar	jj	13.7 Lauren Gibbs						
200m A	c	26.8 Catriona Marriott	r	27.3 Emilie West	k	28.9 Mollie Frost	j	29.6 eggy-Mai Norma								
200m B	cc	27.8 Sarah Dowsett	kk	28.7 Chloe Stopher	uu	29.3 Amalia Edwards	rr	29.5 Katie Pursehouse								
300m A	c	45.2 Sarah Dowsett	u	45.8 Adeya Edwards	k	47.3 Alice Goodwin	j	47.9 eggy-Mai Norma	a	49.6 Jenifer Baldock						
300m B	cc	45.6 Catriona Marriott	kk	49.6 Sophie Godbold	uu	50.1 Jasmine Watson										
800m A	c	2.18.5 Hollie Parker	u	2.21.1 Amalia Eedwards	k	2.39.8 Alice Goowin	a	2.40.6 Jenifer Baldock								
800m B	cc	2.23.0 Charlotte Gillard	uu	2.42.5 Jasmine Watson	kk	2.45.5 Carly Goode	aa	2.47.1 Sophia Diss								
1500m A	r	5.04.0 Ellie Drake	k	5.41.5 Charlotte Wickent												
1500m B																
Sprint hds A	j	13.2 Kate Robertson	c	14.0 Poppy Farrington												
Sprint hds B																
4 x 100m	c	54.2 C&C	j	56.1 West Suff	u	56.3 Luton	k	56.4 Ipswich	a	59.0 Braintree						
Polevault A	C	1.70 Katie Reynolds	K	1.50 Sophie Godbold												
Highjump A	c	1.45 Katie Reynolds	U	1.35 Adeya Edwards												
Highjump B														uu	NH Niamh O'Connor	
Longjump A	k	5.21 arah Prescott Sm	j	5.01 Ellie Keswick	a	4.81 Rhiannon Howard	c	4.54 Katie Reynolds	u	4.28 Eavion Richardson	r	4.25 Ellie Drake				
Longjump B	kk	4.22 Chantelle Kilpatric	aa	4.18 Jenifer Baldock	jj	4.14 Kate Robertson	cc	3.95 Li an Cowley	uu	3.18 Niamh O'Conner						
Shot A	r	7.93 Mehan Rushmore	aa	7.85 Rhiannon Howard	j	7.13 eggy-Mai Norma	c	6.16 Teri Turner	k	5.28 Lauren Ramsey						
Shot B	a	7.23 Elle Cockell	jj	6.37 Lauren Gibbs	cc	6.10 Li An Cowley	kk	4.66 Sophie Godbald								
Discus A	k	23.16 Charlotte Goode	r	21.02 Megan Rushmore	a	20.93 Sophia Diss	u	16.38 Amalia Edwards	c	14.91 Teri Turner	j	14.13 Lauren Gibbs				
Discus B	cc	12.83 Maisie Cassidy	rr	12.33 Katie Pursehouse												
Hammer A	r	30.58 Megan Rushmore	a	30.01 Elle Cockell	c	20.81 Teri Turner										
Javelin A	c	29.42 Isabella Couatts	u	24.76 Adeya Edwards	k	21.16 Mollie Frost	a	18.65 Elle Cockell	jj	15.17 Ellie Keswick						
Javelin B	cc	15.75 Harriet Walker	aa	15.60 Sophia Diss	j	13.16 Kate Robertson	uu	9.57 Jasmine Watson	kk	7.76 Lauren Ramsey						

Scores										WASTE
C	R	K	J	U	A	-	-			
6	4	3	5	1	2					0
6	5	4	2	3						1
6	5	4	3							3
6	3	5		4						3
6		4	3	5	2					1
6		5		4						6
6		4		5	3					3
6		4		5	3					3
	6	5								10
										21
5			6							10
										21
6		3	5	4	2					1
6		5								10
6				5						10
				0						21
3	1	6	5	2	4					0
3		6	4	2	5					1
3	6	2	4		5					1
4		3	5		6					3
2	5	6	1	3	4					0
6	5									10
4	6				5					6
6		4	2	5	3					1
6		2	4	3	5					1

Age group Grand Totals - Track plus Field
 Position in age group
 Club letters

108	46	75	49	51	49	0	0	147
1	6	2	4	3	4			
C	R	K	J	U	A	-	-	

Agegroup U17 Women

Points	1st	6	2nd	5	3rd	4	4th	3	5th	2	6th	1	7th	0	8th	0
Events		First		Second		Third		Fourth		Fifth		Sixth		Seventh		Eighth
100m A	k	12.6 Enya Moore	r	12.8 Emily Pursehouse	c	13.0 Jo Peak	j	13.5 Favour Osuchukwu
100m B	rr	13.1 Emma Tilbrook	jj	13.8 Lizzie Hannaford	kk	13.9 Charla King	cc	14.6 Laura Millichap
200m A	k	26.0 Enya Moore	r	26.3 Emily Pursehouse	c	27.1 Jo Peak	j	27.3 Favour Osuchukwu	a	32.6 Roz Smith
200m B	kk	27.6 Keeley Whitlock	rr	28.2 Rebecca Vincent	cc	28.2 Alice Galloway
300m A	c	43.2 Olivia McGuire	r	44.0 Abbey Ruggles	k	44.6 Keeley Whitlock	j	47.6 Beth Tooley	a	48.4 Daisy Solomon
300m B	cc	45.2 Zoe MacDonald	jj	50.7 Lauren James
800m A	k	2.25.9 Lucy Barnes	c	2.30.2 Zoe MacDonald	j	2.30.3 Beth Tooley	a	2.54.2 Roz Smith
800m B	jj	2.48.6 Lauren James
1500m A	k	5.03.6 Lucy Barnes	r	6.32.2 Kirsty Palmer
1500m B
80m Hds A	r	18.4 Kirsty Palmer
80m hds B
4 x 100m	r	53.4 Ryston/WN	c	53.5 C&C	k	54.4 Ipswich	j	DQ West Suff
Polevault A
Highjump A	r	1.55 Emma Tilbrook	j	1.55 Chelsea Wade	a	1.40 Daisy Solomon
Highjump B	jj	1.45 Ellie De Wild
Longjump A	rr	5.30 Emma Tilbrook	c	5.21 Jessica Fox	a	5.17 Clarice Parrott	j	5.05 Lizzie Hannaford
Longjump B	jj	4.63 Favour Osuchukwu	r	4.35 Emily Pursehouse	cc	4.10 Alice Galloway
Triplejump A	j	11.02 Chelsea Wade	c	10.76 Jessica Fox	r	9.08 Abbey Ruggles
Triplejump B	jj	9.37 Lizzie Hannaford
Shot A	c	8.97 Alice Galloway	jj	7.67 Lydia Bowers	kk	6.59 Keeley Whitlock
Shot B	j	7.57 Beth Wade	k	4.38 Leah Clements
Discus A	j	25.62 Beth Wade	k	20.82 Lucy Barnes	c	17.69 Imogen Hyde	a	17.26 Chloe Cockell	r	17.07 Kirsty Palmer	u	15.10 Kayleigh Nichols
Discus B	jj	16.71 Lydia Bowers	kk	14.19 Leah Clements
Hammer A	a	30.03 Chloe Cockell	c	27.26 Imogen Hyde	j	21.07 Beth Wade
Javelin A	c	27.57 Laura Millichap	j	25.05 Lydia Bowers	a	21.23 Chloe Cockell	k	10.43 Leah Clements
Javelin B	cc	22.72 Imogen Hyde	aa	20.29 Daisy Solomon	jj	8.02 Beth Tooley

Age group Grand Totals - Track plus Field
Position in age group
Club letters

Scores								WASTE
C	R	K	J	U	A	-	-	
4	5	6	3					3
3	6	4	5					3
4	5	6	3		2			1
4	5	6						6
6	5	4	3		2			1
6			5					10
5		6	4		3			3
			6					15
	5	6						10
								21
	6							15
								21
5	6	4	0					6
								21
	6		5		4			6
			6					15
5	6		3		4			3
4	5		6					6
5	4		6					6
			6					15
6		4	5					6
		5	6					10
4	2	5	6	1	3			0
		5	6					10
5			4		6			6
6		3	5		4			3
6			4		5			6

78	66	64	97	1	33	0	0	228
2	3	4	1	6	5			
C	R	K	J	U	A	-	-	

Agegroup

Under 13 Boys

Points	1st	6	2nd	5	3rd	4	4th	3	5th	2	6th	1	7th	0	8th	0
Events	First		Second		Third		Fourth		Fifth		Sixth		Seventh		Eighth	
100m A	c 13.9 Sam Cridland	k 14.5 Jake Greenleaf	u 14.8 Dominic Boakye	j 15.1 Cameron Redde	a 16.0 Finley Leport
100m B	cc 14.2 Alistair Graham	jj 14.6 Ryan Norton	uu 15.9 Callum Gardner	aa 16.2 Simon Smith	kk 17.1 Josh Richards
200m A	c 29.5 Alistair Graham	k 29.7 Jake Greenleaf	u 31.0 Dominic Boakye	j 31.5 Jacob Freeborou	a 36.4 Simon Smith
200m B	cc 30.4 Sam Gridland	jj 30.5 Ryan Norton	uu 32.2 Lewis Phipps	aa 39.9 Finley McLaren
800m A	c 2.26.9 Rob Huckle	k 2.37.9 Christopher Jones	u 2.42.5 Dominic Boakye	aa 2.49.6 Conor Culham
800m B	cc 2.46.7 Christopher Blat	kk 2.49.3 Daniel Robinsor	a 3.04.2 Finley Leport
1500m A	j 5.06.9 Jacob Freeborou	u 5.31.0 Callum Gardner	a 5.31.7 Luke Allen	c 5.38.3 Jordon Wood
1500m B	uu 5.58.4 Jake Johnstone	cc 5.58.7 Isaac Jones	aa 6.02.1 Simon Smith
Sprint hds A	u 15.8 Lewis Phipps	k 16.5 Christopher Jones
Sprint hds B
4 x 100m	c 59.8 C&C	u 61.5 Luton	k 63.3 Ipswich	j 64.4 West Suff
Highjump A	k 1.38 Christopher Jones	cc 1.15 Jordan Wood	j 1.05 Revi-Jack Rope	c N/H Ewan Frolich	.
Highjump B	kk 1.15 Daniel Robinsor
Longjump A	uu 4.09 Alex Foster	c 4.03 Sam Cridland	k 3.89 Jake Greenleaf	j 3.75 Cameron Redde
Longjump B	cc 3.78 Isaac Jones	u 3.73 Lewis Phipps	jj 3.69 Jacob Freeborou
Shot A	C 8.52 Larry Moore	A 6.72 Conor Culham	J 6.66 Revi-Jack Rope	U 6.17 Alex Foster	K 5.75 Joshua Richards
Shot B	JJ 5.76 Cameron Redde	KK 5.31 Daniel Robinsor	UU 5.26 Jake Johnstone	CC 4.53 Matthew Holdsw
Discus A	a 17.22 Conor Culham	c 16.18 Larry Moore	j 15.18 Revi-Jack Rope	u 13.79 Alex Foster	k 13.66 Joshua Richards
Discus B	cc 13.64 Matthew Holdsw	jj 11.47 Ryan Norton

Age group Grand Totals - Track plus Field

Position in age group

Club letters

Scores										WASTE
C	R	K	J	U	A	-	-			
6		5	3	4	2					1
6		2	5	4	3					1
6		5	3	4	2					1
6			5	4	3					3
6		5		4	3					3
6		5			4					6
3			6	5	4					3
5				6	4					6
		5		6						10
										21
6		4	3	5						3
5		6	4							6
		6								15
5		4	3	6						3
6			4	5						6
6		2	4	3	5					1
3		5	6	4						3
5		2	4	3	6					1
6			5							10

86	0	56	55	63	36	0	0	103
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1		3	4	2	5		
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C	R	K	J	U	A	-	-
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Agegroup Under 15 Boys

Points	1st	6	2nd	5	3rd	4	4th	3	5th	2	6th	1	7th	0	8th	0
Events	First	Second	Third	Fourth	Fifth	Sixth	Seventh	Eighth								
100m A	c 11.7 Joe Ebanks	u 11.7 Gerald Matthews	j 12.3 James Curran	k 12.5 Christiaan Frost	a 13.7 Lewis Thorn	r 14.4 James GreenHalgt										
100m B	cc 12.3 Alex Holdsworth	uu 12.6 Louis Hazel	jj 13.1 Lewis Brows	rr 13.1 Sean Dundas	kk 13.3 Jesse Duah	aa 15.4 Stuart Pleasance										
200m A	c 23.3 Joe Ebanks	u 23.8 Gerald Matthews	j 24.9 James Curran	k 25.1 Christian Frost	r 26.9 Elliot Holland	a 28.7 Lewis Thorn										
200m B	cc 25.6 Alex Holdsworth	uu 26.0 Louis Hazel	jj 26.8 Lewis Brows	rr 28.1 Sean Dundas	aa 28.3 Justin Hall	kk 28.6 Jesse Duah										
400m A	r 58.4 Elliot Holland	c 58.8 Ben Gilbert	j 58.8 Lawrence Taylor	u 60.2 Hamzah Khan	a 65.7 Justin Hall											
400m B	uu 60.5 Sam Hazel	jj 61.8 Michael Bartram	cc 64.4 Joe Warwick													
800m A	c 2.11.9 Tim Cobden	r 2.13.2 Elliot Holland	j 2.16.4 cott Hndley-Howat	u 2.17.1 Simon Cherry	k 2.23.1 Theo Passmore	a 2.31.7 Justin Hall										
800m B	jj 2.19.7 Michael Bartram	cc 2.21.2 Thomas Heylen														
1500m A	j 4.36.5 Cameron McKie	c 4.45.3 Thomas Blatch	u 4.49.8 Kai Gardner	k 5.02.2 Richard Ling												
1500m B	kk 5.06.1 James Bemrose	jj 5.49.6 Jack Taylor														
Sprint hds A	u 13.4 Tope Fisayo	a 13.4 James Murphy	j 14.0 Lewis Burrows	c 14.0 Joe Warwick	r 14.2 James GreenHalgt											
Sprint hds B	jj 16.0 JackTaylors	cc 16.2 Kieran Moore														
4 x 100m	c 50.3 C&C	j 50.8 West Suff	r 52.6 Ryston/WN	u 52.6 Luton	k 53.7 Ipswich	a 57.4 Braintree										
Polevault A															k NH Theo Passmore	
Highjump A	k 1.55 Christian Frost	c 1.50 Curtis Wood	j 1.45 Mark smith													
Highjump B	cc 1.30 Ross Isbister	jj 1.25 Michael Bartram														
Longjump A	jj 5.55 cott Handley-Howat	r 5.40 Jordan Harry	c 5.23 Joe Richards	u 4.83 Sam Hazel	a 4.77 James Murphy	k 4.69 Richard Ling										
Longjump B	j 5.25 Lawrence Taylor	cc 4.92 Joe Warwick	rr 4.63 James GreenHalgt	kk 4.43 Jesse Duah	aa 4.26 Lewis Thorn									uu 3NJ Tope Fisayo		
Shot A	k 11.31 Oliver Pescott-Fros	c 10.94 Tom Davies	jj 10.52 Lawrence Taylor	r 9.87 Jordan Harry	u 7.84 Erik Kerr	aa 6.71 Alex Camp										
Shot B	cc 10.28 Aeden Slack	j 10.20 Harry Hughes	rr 5.09 Shaun Palmer	uu 5.09 Simon Cherry	kk 4.76 Richard Ling	a 3.65 Aaron Fribbens										
Discus A	j 30.80 Harry Hughes	r 26.23 Malcolm Wanderoc	cc 24.68 Kieran Moore	k 21.97 Oliver Pescott-Fros	u 21.88 Erik Kerr	aa 12.15 Alex Camp										
Discus B	c 24.09 Aeden Slack	jj 23.93 James Curran	a 8.70 Aaron Fribbens													
Hammer A	r 42.48 Daniel Howe	c 33.72 Aeden Slack	k 31.00 Oliver Pescott-Fros	u 28.72 Erik Kerr	j 19.99 Euan McKie	a 15.01 Stuart Pleasance										
Javelin A	j 43.93 Harry Hughes	c 38.88 Albert Pavelin	a 29.85 James Murphy	k 21.89 Theo Passmore	r 9.51 Shaun Palmer											
Javelin B	jj 32.40 Euan McKie	cc 28.95 Benito Castiglione	kk 14.49 James Bemrose												aa 3NT Alex Camp	

Age group Grand Totals - Track plus Field
Position in age group
Club letters

Scores										WASTE
C	R	K	J	U	A	-	-			
6	1	3	4	5	2					0
6	3	2	4	5	1					0
6	2	3	4	5	1					0
6	3	1	4	5	2					0
5	6		4	3	2					1
4			5	6						6
6	5	2	4	3	1					0
5			6							10
5		3	6	4						3
		6	5							10
3	2		4	6	5					1
5			6							10
6	4	2	5	3	1					0
		0								21
5		6	4							6
6			5							10
4	5	1	6	3	2					0
5	4	3	6	0	2					1
5	3	6	4	2	1					0
6	4	2	5	3	1					0
4	5	3	6	2	1					0
6			5		4					6
5	6	4	2	3	1					0
5	2	3	6		4					1
5		4	6		0					6

119	55	54	116	58	31	0	0	92
1	4	5	2	3	6			
C	R	K	J	U	A	-	-	

Agegroup Under 17 Men

Points	1st	6	2nd	5	3rd	4	4th	3	5th	2	6th	1	7th	0	8th	0
Events		First		Second		Third		Fourth		Fifth		Sixth		Seventh		Eighth
100m A	u	11.3 Lewis Taylor	k	11.8 Errol Thompson	r	12.0 Craig Brooks	c	12.3 Jake Mair	j	12.4 Billy Stanley
100m B	uu	11.6 Shaquille Brathwaite	cc	11.7 Myles Carter	jj	12.3 Sam Johnson	rr	12.4 Matthew Bailey	kk	12.6 Jason Duah
200m A	r	23.1 Ryan Skipp	u	23.4 Shaquille Brathwaite	c	24.0 Will Blackwell	j	25.2 Sam Johnson	k	25.3 Jason Duah
200m B	cc	23.8 Dylan Doggett	uu	24.4 Corey Jackson	rr	24.4 Graig Brooks
400m A	c	51.9 Louis Rawlings	r	52.0 Ryan Skipp	u	53.9 Corey Jackson	j	55.8 Sam Johnson	k	65.4 Toby Upson
400m B	cc	53.3 Dylan Doggett	jj	56.2 Tom McDonald
800m A	c	2:08.9 Dan Cade	j	2:19.9 Jack Anthony	k	2:24.1 Toby Upson
800m B
1500m A	a	4:27.3 James McLeod	u	4:28.1 George Ward	c	4:44.5 Kieran Wood	j	5:04.0 Cameron McKie	r	5:18.9 Jake Shea
1500m B	uu	4:36.1 Tom Hudson
Sprint hdlis A	r	14.8 Matthew Bailey	u	14.9 Bradley Fenn	k	16.8 Ben Fawcett
Sprint hdlis B
4 x 100m	c	46.0 C&C	u	47.1 Luton	r	48.8 Ryston/WN	j	50.7 West Suff	k	50.7 Ipswich
Polevault A
Highjump A	k	1.70 Errol Thompson	u	1.55 Bradley Fenn	c	1.50 Robert Evans
Highjump B
Longjump A	u	6.17 Shaquille Brathwaite	c	5.99 Kieren Lock	r	5.45 Craig Brooks	k	5.42 Jason Duah	j	3.03 Tom McDonald
Longjump B	cc	5.96 Myles Carter	rr	5.40 Ryan Skipp	uu	4.86 Daniel Reynolds	kk	4.18 Ben Fawcett
Triplejump A	c	12.26 Kieren Lock	j	11.17 Josh Palmer	kk	10.81 Errol Thompson	r	10.00 Jake Shea
Triplejump B	cc	10.49 Ben Cowley	jj	9.84 Jack Anthony	rr	9.31 Miles Ward
Shot A	c	12.40 Oliver Holway	j	11.11 Steve Smith	u	10.35 Alan Sydee	r	8.21 Miles Ward
Shot B	uu	10.13 Jamie Potton-Burrell	rr	8.08 Oliver Thompson	jj	6.39 Tom McDonald
Discus A	u	37.74 Alan Sydee	c	34.43 Oliver Holway	r	29.94 Oliver Thompson	j	21.54 Steve Smith	k	18.29 Toby Upson
Discus B	uu	24.61 Jamie Potton-Burrell
Hammer A	u	49.92 Alan Sydee	r	44.03 Oliver Thompson
Javelin A	c	40.14 Will Blackwell	u	39.73 Corey Jackson	j	37.07 Steve Smith
Javelin B	cc	31.15 Oliver Holway	uu	5.78 Lewis Taylor

Scores										WASTE
C	R	K	J	U	A	-	-			
3	4	5	2	6						1
5	3	2	4	6						1
4	6	2	3	5						1
6	4			5						6
6	5	2	3	4						1
6			5							10
6		4	5							6
										21
4	2		3	5	6					1
				6						15
	6	4		5						6
										21
6	4	2	3	5						1
										21
4		6		5						6
										21
5	4	3	2	6						1
6	5	3		4						3
6	3	4	5							3
6	4		5							6
6	3		5	4						3
	5		4	6						6
5	4	2	3	6						1
				6						15
	5			6						10
6			4	5						6
6				5						10

Age group Grand Totals - Track plus Field
 Position in age group
 Club letters

96	67	39	56	100	6	0	0	203
2	3	5	4	1	6			
C	R	K	J	U	A	-	-	

Event	Age group	Number	Name	Club	Performance		
100	U13G	202	Lermae Youngs	Ipswich	14.2		
		110	Alena Purdue	C&C	14.4		
		163	Kelsey Wenden	Ryston/WN	15		
		154	Georgia Dargan	Ryston/WN	15.2		
		111	Eleanor Shields	C&C	15.5		
		152	Emma Dewdney	Ryston/WN	15.8		
		100	U15G	156	Emilie West	Ryston/WN	13.2
208	Sarah prescott-smith			Ipswich	13.4		
106	Poppy Farrington			C&C	13.7		
105	Maisie Cassidy			C&C	14.5		
206	Chantelle Killpatrick			Ipswich	13.6		
209	Georgia Kemp			Ipswich	14		
107	Torie Goddard			C&C	14.6		
306	Nimah O'Connor			Luton	14.6		
204	Georgia Partridge			Ipswich	15		
100	U13B			123	Benoit Rawlings	C&C	15
				380	Finlay McClaren	Braintree	17.5
100	U15B	124	Ben Gilbert	C&C	12.7		
		127	Dylan Rubini (Guest)	St Marys	13		
		303	Kai Gardner	Luton	13.7		
		280	Jack Taylor	West Suffolk	14.5		
100	U17M	161	Miles Ward	Ryston/WN	12.4		
		159	Chris Dundas	Ryston/WN	12.7		
		160	Jake Shea	Ryston/WN	13.1		
200	U13G	128	Emily Dowsett	C&C	29.7		
		110	Alena Purdue	C&C	30.3		
200	U17W	102	Olivia McGuire	C&C	27		
		157	Abby Ruggles	Ryston/WN	27.5		
200	U13B	123	Benoit Rawlings	C&C	31.6		
200	U15B	274	Cameron McKie	West Suffolk	26		
		120	Kieran Moore	C&C	26.2		
		304	Sam Hazel	Luton	26.4		
		127	Dylan Rubini (Guest)	St Marys	27		
		307	Hamzah Khan	Luton	27.3		
		382	Stuart Pleasance	Braintree	32.5		
		200	U17M	112	Ben Cowley	C&C	25.3
162	Matthew Bailey			Ryston/WN	25.8		
159	Chris Dundas			Ryston/WN	26.1		
300	U15G	129	Charrlotte Gillard	C&C	46.5		
		104	Amy Pettitt	C&C	47.4		
		205	Charlotte Goad	Ipswich	50.5		
		210	Carly Goode	Ipswich	50.6		
		108	Melissa Coe	C&C	51		
300	U17W	101	Laura Millichap	C&C	47.5		
400	U15B	305	Louis Hazel	Luton	60.3		
400	U17M	113	Guy Kendall	C&C	53.9		
800	U15G	103	Hannah Hall	C&C	02:48.7		
		104	Amy Pettitt	C&C	02:49.6		

