

SUFFOLK WINTER CROSS COUNTRY LEAGUE 2014/15

BUNGAY SENIORS

O/L	POSITION		POINTS		TIME	RUNNER NAME	CLUB	INDIVIDUAL		
	M	F	M	F				CAT	POS	
1	1		250		30.09	Andrew Rooke	IH	M	20	1
2	2		249		30.51	Ted Oldman	BBD	M	17	1
3	3		248		31.45	Tom Hale	SEP	M	20	2
4	4		247		32.05	Theo Passmore	IH	M	17	2
5	5		246		32.15	Lee Cook	LRR	M	20	3
6	6		245		32.33	Robert Chenery	BBD	M	20	4
7	7		244		32.33	Nick Smith	SEP	M	20	5
8	8		243		32.41	Carl Prewer	LRR	M	40	1
9	9		242		32.45	Adam Howlett	FSS	M	40	2
10	10		241		32.54	Dominic Oliver	LRR	M	17	3
11	11		240		32.55	Jim Last	FSS	M	20	6
12	12		239		33.13	Matt Bigley	HRC	M	40	3
13	13		238		33.28	Marcus Sladden	BBD	M	20	7
14	14		237		33.35	Ben Caisey	I&NT	M	40	4
15	15		236		33.47	Ben Wharnsby	IH	M	17	4
16	16		235		33.49	Paul Holley	N&S	M	45	1
17		1		150	33.58	Odette Robson	SEP	F	40	1
18	17		234		34.04	Darren Sheppard	FSS	M	40	5
19	18		233		34.08	Martin Talyer	N&S	M	20	8
20	19		232		34.14	Kevin Vaughan	TAC	M	50	1
21	20		231		34.18	Paul Lyon	LRR	M	20	9
22	21		230		34.26	Matt Shingleton	WSW	M	40	6
23	22		229		34.44	Tom White	SEP	M	20	10
24	23		228		34.47	David Soloman	FRR	M	45	2
25	24		227		35.04	Tom Kingsnorth	SEP	M	20	11
26	25		226		35.06	Jason Allard	SS	M	40	7
27	26		225		35.07	Robert Cheverton	LRR	M	55	1
28	27		224		35.09	Joshua Thompson	IH	M	17	5
29	28		223		35.21	Tom Challenor	N&S	M	20	12
30	29		222		35.25	Dave Copland	I&NT	M	50	2
31	30		221		35.28	Nick Hammond	SS	M	40	8
32	31		220		35.30	Andy Buck	N&S	M	50	3
33	32		219		35.47	Greg Davis	N&S	M	50	4
34	33		218		35.54	Chris Haylock	LRR	M	40	9
35	34		217		36.01	Daniel Whitmarsh	FRR	M	20	13
36		2		149	36.16	Rose Nicholson	WVAC	F	20	1
37	35		216		36.21	Thomas Betts	WSW	M	20	14
38	36		215		36.22	Chris Seymour	SS	M	45	3
39	37		214		36.27	Graham Watering	WVAC	M	40	10
40	38		213		36.31	Steve Hughes	SS	M	50	5
41	39		212		36.37	Chris Starmer	SS	M	55	2
42	40		211		37.10	Benn Walker	BBH	M	17	6
43	41		210		37.20	Ricky Peacher	FSS	M	20	15
44	42		209		37.39	Scott Williams	SS	M	20	16
45	43		208		37.43	Richard Aukland	WVAC	M	40	11
46	44		207		37.46	Vince Calver	FRR	M	40	12
47	45		206		37.47	Darren Sharman	WSW	M	20	17
48	46		205		37.57	Steve Curran	FSS	M	50	6
49	47		204		37.58	Mark Ford	FRR	M	45	4
50	48		203		38.09	Steven Brooke	FRR	M	45	5
51	49		202		38.14	Terry Bennington	SS	M	20	18
52	50		201		38.19	Russel Breyer	I&NT	M	50	7

53		3		148	38.24	Lynn Emmett	BBH	F	45	1
54	51		200		38.29	Sam Brooke	FRR	M	20	19
55	52		199		38.30	Paul Sullivan	WVAC	M	45	6
56	53		198		38.33	Graham Coulter	FSS	M	40	13
57	54		197		38.38	Dalton Coe	IH	M	20	20
58	55		196		38.45	Chris Sugars	IH	M	40	14
59	56		195		38.47	Sean Kennedy	FSS	M	20	21
60	57		194		38.52	Stephen Brook	SS	M	40	15
61	58		193		38.54	Peter Bird	SEP	M	40	16
62	59		192		38.55	Adrian Goode	FRR	M	50	8
63	60		191		38.57	Roger Ackerley	FSS	M	55	3
64	61		190		38.58	Chris Pimlott	WVAC	M	20	22
65	62		189		38.59	Steve Palfrey	FRR	M	40	17
66	63		188		39.11	Stephen Hatten	SEP	M	45	7
67	64		187		39.23	Jake Church	FSS	M	17	7
68	65		186		39.26	Vince Webb	SEP	M	40	18
69	66		185		39.27	Craig Sisson	HRC	M	20	23
70	67		184		39.32	Paul Snowdon	IH	M	45	8
71	68		183		39.35	Ker Macrosson	SS	M	60	1
72	69		182		39.37	Howard Revell	FSS	M	50	9
73		4		147	39.42	Sian-Marie Lucas	HRC	F	20	2
74	70		181		39.44	Tim Earl	WVAC	M	20	24
75	71		180		39.48	Neil Gillingham	IH	M	20	25
76	72		179		39.51	Peter Rogers	WVAC	M	20	26
77		5		146	39.55	Lauren Howe	BBH	F	17	1
78	73		178		40.03	Robbie James	BBD	M	40	19
79	74		177		40.08	Mark Ramsey	IH	M	40	20
80	75		176		40.11	Gary McDonald	LRR	M	20	27
81	76		175		40.18	Paul Preston	N&S	M	40	21
82	77		174		40.21	Robin Harper	FRR	M	20	28
83	78		173		40.23	Rob Mackenzie	FSS	M	50	10
84		6		145	40.24	Karine Ferrin	N&S	F	40	2
85	79		172		40.30	Myles Taylor	WSW	M	20	29
86	80		171		40.32	Neville Clarke	N&S	M	60	2
87		7		144	40.37	Nicky Chapman	N&S	F	20	3
88	81		170		40.43	Richard Grimsdell	SEP	M	45	9
89	82		169		40.44	Bill Kingaby	WVAC	M	60	3
90	83		168		40.45	Leigh Butcher	LRR	M	20	30
91		8		143	40.46	Emily Gooderham	SEP	F	17	2
92	84		167		40.46	Ian Gooderham	SEP	M	45	10
93	85		166		40.48	Ian Duggen	FRR	M	45	11
94		9		142	40.52	Hannan McInroy	WSW	F	20	4
95	86		165		40.53	James Maycock	BBD	M	20	31
96	87		164		40.55	Stewart Hambling	FSS	M	45	12
97	88		163		40.58	Peter Andrews	WVAC	M	40	22
98	89		162		40.59	Karl Wright	TAC	M	20	32
99	90		161		41.05	Stephen Dixon	FSS	M	50	11
100	91		160		41.07	Guy Hayward	FSS	M	40	23
101		10		141	41.10	Louise White	TAC	F	35	1
102	92		159		41.13	Jamie Randall	HRC	M	45	13
103		11		140	41.17	Claire Hoblyn	SEP	F	50	1
104	93		158		41.19	Matt Evaleigh	SS	M	20	33
105	94		157		41.22	Kenny Tovell	FSS	M	45	14
106	95		156		41.45	Clive Purbrook	N&S	M	55	4
107	96		155		41.58	Tony Cattle	TAC	M	55	5
108		12		139	42.10	Laura Hicks	SS	F	20	5
109	97		154		42.11	Peter Woods	SS	M	20	34
110	98		153		42.29	Patrick McGovern	I&NT	M	40	24

111		13	138	43.08	Tara Darrall	DAC	F	40	3
112	99		152	43.09	Roger Clark	BBD	M	60	4
113	100		151	43.10	Dave Vaughan	SEP	M	60	5
114	101		150	43.11	Nigel Schofield	SEP	M	50	12
115	102		149	43.20	Chris Ridgeon	WSW	M	60	6
116	103		148	43.24	Paul Wigans	FSS	M	55	6
117	104		147	43.27	Simon Tinkler	FSS	M	40	25
118	105		146	43.28	Graham Dixon	HRC	M	20	35
119	106		145	43.29	David Dinnage	FSS	M	20	36
120	107		144	43.51	Wayne Freeman	WVAC	M	55	7
121		14	137	43.52	Katie Margaron	SEP	F	20	6
122	108		143	44.00	Mark Sargeantson	FSS	M	60	7
123	109		142	44.04	Ian Mace	FSS	M	55	8
124		15	136	44.13	Gail Mackie	FRR	F	20	7
125	110		141	44.23	Stephen Williams	SEP	M	60	8
126	111		140	44.29	Paul Rayner	TAC	M	50	13
127		16	135	44.35	Louise Goddard	SS	F	40	4
128	112		139	44.42	Paul McAllister	I&NT	M	45	15
129	113		138	44.44	Tom Hoblyn	SEP	M	50	14
130	114		137	44.49	Charles Shoolbred	N&S	M	65	1
131	115		136	44.50	Paul Sawyer	WSW	M	50	15
132	116		135	45.04	Ben Solway	FSS	M	45	16
133		17	134	45.23	Emma Day	FRR	F	20	8
134	117		134	45.30	Paul Heeks	SS	M	45	17
135	118		133	45.36	Ian Chilley	LRR	M	20	37
136		18	133	45.39	Diane Hughes	SS	F	50	2
137	119		132	45.41	Roly Shaw	BBD	M	55	9
138	120		131	45.47	Stuart Young	BBD	M	45	18
139	121		130	45.47	Ian Kennedy	FSS	M	50	16
140		19	132	45.49	Sarah Maidment	BBD	F	35	2
141	122		129	45.50	Brian Wright	TAC	M	60	9
142		20	131	45.53	Lizzie Sandford	N&S	F	45	2
143	123		128	45.59	Gary Clark	I&NT	M	45	19
144	124		127	46.07	Paul Grant	WVAC	M	45	20
145	125		126	46.16	Stuart Lawn	BBD	M	20	38
146	126		125	46.16	Marcus Nicholls	BBD	M	20	39
147		21	130	46.19	Rachel Fiddy	I&NT	F	35	3
148		22	129	46.28	Lisa Riley	LRR	F	45	3
149		23	128	46.44	Julia Baldwin	SS	F	40	5
150	127		124	46.49	Chris Cook	SEP	M	65	2
151	128		123	47.01	David Taylor	FSS	M	65	3
152		24	127	47.12	Jayne Wright	FSS	F	20	9
153	129		122	47.14	Brian Munns	N&S	M	50	17
154		25	126	47.17	Amanda Mallett	I&NT	F	45	4
155		26	125	47.20	Mel Snare	FSS	F	40	6
156		27	124	47.26	Sandra Webb	SEP	F	40	7
157	130		121	47.27	Dean Hearn	SS	M	45	21
158		28	123	47.44	Anna Sinclair	FSS	F	45	5
159		29	122	47.55	Jo Parden	FSS	F	45	6
160		30	121	47.58	Greta Supinaite	IH	F	17	3
161	131		120	48.02	Jeremy Smith	IH	M	45	22
162		31	120	48.02	Marion Walker	FSS	F	60	1
163		32	119	48.05	Kate Harman	I&NT	F	20	10
164		33	118	48.10	Sarah Vick	FSS	F	45	7
165		34	117	48.29	Alex Smith	SS	F	40	8
166		35	116	48.41	Rebecca Evans	N&S	F	35	4
167	132		119	48.45	Rob Knights	WVAC	M	20	40
168	133		118	48.49	Dave Coley	I&NT	M	65	4

169	36	115	48.49	Hayley Brodrick	HRC	F	20	11
170	37	114	48.57	Bobbie Sauerzapf	BBD	F	55	1
171	38	113	49.15	Mel Roberts	FSS	F	55	2
172	134	117	49.15	Simon Kitching	WSW	M	50	18
173	39	112	49.17	Jayne Burman	FRR	F	20	12
174	40	111	49.21	Sarah Coulter	FSS	F	45	8
175	41	110	49.28	Sandra Mayhew	SS	F	50	3
176	42	109	49.31	Beverley Clarke	BBD	F	50	4
177	43	108	49.47	Janet Symonds	HRC	F	35	5
178	44	107	49.49	Alice Kirk	BBD	F	20	13
179	45	106	49.53	Sue Turley	HRC	F	50	5
180	46	105	49.56	Helen Wass	N&S	F	45	9
181	135	116	49.59	Keelan Smith	FSS	M	20	41
182	136	115	50.15	William Burdett	SS	M	50	19
183	137	114	50.21	Alan Fairs	WVAC	M	45	23
184	138	113	50.24	Stuart Sheppherd	HRC	M	40	26
185	47	104	50.27	Mandy Godbold	IH	F	45	10
186	139	112	50.30	Peter Russell	FSS	M	60	10
187	140	111	50.39	Peter Gay	SS	M	70	1
188	141	110	50.54	Graham Sampson	BBD	M	65	5
189	48	103	51.30	Carolynn Anderson	N&S	F	40	9
190	142	109	51.34	Don Tiffin	BBD	M	65	6
191	49	102	51.42	Eloise Bird	SEP	F	45	11
192	50	101	51.43	Kate Warboys	N&S	F	40	10
193	143	108	52.18	Keith Borrett	SS	M	60	11
194	51	100	52.31	Belinda Schofield	N&S	F	55	3
195	144	107	53.05	Graham Bush	FSS	M	65	7
196	145	106	53.20	Tony Fuller	IH	M	55	10
197	146	105	53.32	James Briggs	HRC	M	45	24
198	147	104	54.06	Lee Dickinson	I&NT	M	45	25
199	52	99	54.13	Miki Bloomfield	FSS	F	40	11
200	148	103	54.35	Stuart Smith	WVAC	M	55	11
201	53	98	54.42	Moira Pinkney	I&NT	F	60	2
202	149	102	54.47	Iain Hunter	SS	M	55	12
203	54	97	54.53	Sarah Sparkes	BBD	F	40	12
204	55	96	54.58	Vivienne Taylor	FSS	F	60	3
205	150	101	55.01	Chris Lucas	FSS	M	50	20
206	151	100	55.10	Dave Greenham	HRC	M	60	12
207	56	95	55.12	Helen Spooner	HRC	F	45	12
208	57	94	55.15	Isabel Vicente	N&S	F	35	6
209	152	99	55.16	Joe Naughton	SS	M	50	21
210	58	93	55.28	Helen Beatty	SS	F	35	7
211	59	92	55.29	Katie Cooper	SS	F	20	14
212	60	91	55.33	Annabel Bennett	FRR	F	50	6
213	153	98	55.53	Gary Elvin	WVAC	M	40	27
214	61	90	56.08	Jill Wilshaw	WSW	F	60	4
215	62	89	56.50	Katherin Gerry	FSS	F	40	13
216	63	88	56.59	Judy Potter	BBH	F	65	1
217	64	87	57.10	Suzy Knights	WVAC	F	20	15
218	154	97	58.20	Mike Sales	N&S	M	45	26
219	65	86	59.13	Dawn Dixon	HRC	F	35	8
220	155	96	59.49	Anthony Evans	I&NT	M	50	22
221	66	85	59.50	Stevie Harrison	SS	F	40	14
222	67	84	60.32	Marta Assuncaq	LRR	F	40	15
223	68	83	60.45	Sarah Sales	N&S	F	45	13
224	69	82	61.18	Karen Waters	BBD	F	45	14
225	156	95	61.18	Bruce Rayner	BBD	M	55	13
226	70	81	63.04	Alyson Limpkin-Challis	FRR	F	45	15

227	71	80	63.41	Angela Burdett	SS	F	45	16
228	72	79	64.21	Tina Church	FSS	F	40	16
229	73	78	64.56	Annette Huggins	FSS	F	60	5
230	74	77	65.48	Jean Cox	FSS	F	70	1
231	75	76	66.11	Susannah Rosenberg	I&NT	F	50	7
232	76	75	66.49	Jenny Osbourn	N&S	F	65	2
233	77	74	72.53	Christine Gay	SS	F	60	6
234	157	94	73.53	Andy Stanhope	FRR	M	50	23

SENIOR TEAM RESULTS 2014-2015

COMBINED

TEAM	FRAM	WOOD	STOW	BUNG	BURY	TOTAL
1 SS A	1927	1986	1981	1905		7799
2 SEP A	1971	1844	1967	1948		7730
3 LRR	1891	1999	1819	1793		7502
4 FSS A	1794	1903	1809	1899		7405
5 IH A	1919	1857	1741	1759		7276
6 FRR A	1891	1771	1660	1833		7155
7 N&S A	1585	1679	1941	1896		7101
8 BBD A	1722	1345	1659	1714		6440
9 SS B	1604	1720	1666	1414		6404
10 I&NT A	1437	1782	1575	1573		6367
11 HRC A	1649	1506	1613	1417		6185
12 WWAC A	1543	1616	1399	1579		6137
13 FSS B	1451	1542	1439	1578		6010
14 WSW	1300	1493	1043	1458		5294
15 FSS C	1233	1302	1113	1340		4988
16 SEP B	1350	571	1498	1404		4823
17 SS C	1133	1362	1267	690		4452
18 FRR B	1443	996	985	796		4220
19 TAC	577	1030	1491	959		4057
20 N&S B	762	751	1493	836		3842
21 FSS D	852	1032	810	953		3647
22 IH B	1151	1001	629	583		3364
23 WWAC B	863	954	301	868		2986
24 BBD B	957	295	729	982		2963
25 BBH	860	721	587	593		2761
26 HRC B	676	691	754	287		2408
27 I&NT B	737	901	518	174		2330
28 SS D	649	729	606	154		2138
29 FRR C	703	408	530	0		1641
30 SEP C	864	0	696	0		1560
31 DAC	89	427	267	138		921
32 WSAC	0	150	544	0		694

WOMEN

TEAM	FRAM	WOOD	STOW	BUNG	BURY	TOTAL
1 SEP A	409	385	411	433		1638
2 N&S A	407	381	421	420		1629
3 SS A	403	403	400	407		1613
4 BBH	418	382	379	382		1561
5 I&NT A	368	415	368	375		1526
6 FSS A	352	414	371	375		1512
7 HRC A	411	353	363	370		1497
8 FRR A	379	354	349	382		1464
9 SS B	375	350	340	355		1420
10 BBD A	353	349	357	355		1414
11 WWAC A	412	385	355	236		1388
12 FSS B	310	360	308	360		1338
13 LRR	306	372	347	213		1238
14 N&S B	274	226	365	324		1189
15 FSS C	273	324	251	323		1171
16 SS C	297	300	251	270		1118
17 SEP B	189	170	332	363		1054
18 BBD B	276	241	238	286		1041
19 FSS D	242	304	211	264		1021
20 IH A	238	329	222	225		1014
21 I&NT B	296	289	213	174		972
22 FRR B	273	248	240	172		933
23 WSW	374	234	81	232		921
24 HRC B	301	70	258	287		916
25 TAC	141	124	377	141		783
26 SS D	144	230	54	154		582
27 FRR C	188	140	192	0		520
28 WSAC	0	150	294	0		444
29 DAC	0	136	135	138		409
30 WWAC B	212	162	0	0		374
31 IH B	0	0	0	0		0
32 SEP C	0	0	0	0		0

MEN

TEAM	FRAM	WOOD	STOW	BUNG	BURY	TOTAL
1 LRR	1585	1627	1472	1580		6264
2 IH A	1681	1528	1519	1534		6262
3 SS A	1524	1583	1581	1498		6186
4 SEP A	1562	1459	1556	1515		6092
5 FSS A	1442	1489	1438	1524		5893
6 FRR A	1512	1417	1311	1451		5691
7 N&S A	1178	1298	1520	1476		5472
8 BBD A	1369	996	1302	1359		5026
9 SS B	1229	1370	1326	1059		4984
10 I&NT A	1069	1367	1207	1198		4841
11 WWAC A	1131	1231	1044	1340		4746
12 HRC A	1238	1153	1250	1047		4688
13 FSS B	1141	1182	1131	1218		4672
14 WSW	926	1259	962	1226		4373
15 FSS C	960	978	862	1017		3817
16 SEP B	1161	401	1166	1041		3769
17 IH B	1151	1001	629	583		3364
18 SS C	836	1062	1016	420		3334
19 FRR B	1170	748	745	624		3287
20 TAC	436	906	1114	818		3274
21 N&S B	488	525	1128	512		2653
22 FSS D	610	728	599	689		2626
23 WWAC B	651	792	301	868		2612
24 BBD B	681	54	491	696		1922
25 SEP C	864	0	696	0		1560
26 SS D	505	499	552	0		1556
27 HRC B	375	621	496	0		1492
28 I&NT B	441	612	305	0		1358
29 BBH	442	339	208	211		1200
30 FRR C	515	268	338	0		1121
31 DAC	89	291	132	0		512
32 WSAC	0	0	250	0		250