

# SUFFOLK WINTER CROSS COUNTRY LEAGUE 2011/12

## FRAMLINGHAM SENIORS

O/L	POSITION		POINTS		TIME	RUNNER NAME	CLUB	INDIVIDUAL	
	M	F	M	F				CAT	POS
1	1		171		25.17	Steve Robinson	PA	M 20	1
2	2		170		26.05	Adam Thomas	WV	M 20	2
3	3		169		26.16	Ross Fawcett	IH	M 17	1
4	4		168		26.21	Simon Dawson	WS	M 17	2
5	5		167		26.33	Paul Holley	NS	M 45	1
6	6		166		26.56	Nick Palmer	ST	M 20	3
7	7		165		27.03	Andy Taylor	PA	M 20	4
8	8		164		27.05	Vince Coogan	NS	M 20	5
9	9		163		27.11	Charlie Fowler	NS	M 20	6
10	10		162		27.28	Ben Caisey	IT	M 20	7
11	11		161		27.40	Simon Gardiner	IH	M 20	8
12	12		160		27.44	Robert Cheverton	WV	M 55	1
13	13		159		27.54	Kevin Vaughan	PA	M 45	2
14	14		158		28.17	Tom Cresswell	NS	M 20	9
15	15		157		28.18	Colin Ridley	WS	M 45	3
16	16		156		28.33	Adi Barbrooke	WT	M 20	10
17	17		155		28.46	Martin Wilson	WT	M 20	11
18	18		154		28.55	Paul Preston	NS	M 20	12
19	19		153		28.55	Nick Smith	PA	M 20	13
20	20		152		29.05	Julian Long	PA	M 20	14
21	21		151		29.13	Tom Jarrett	IT	M 20	15
22	22		150		29.18	Mark Reynard	ST	M 20	16
23	23		149		29.20	Darren Sheppard	FS	M 40	1
24	24		148		29.21	Ben Green	IT	M 20	17
25	25		147		29.22	Glenn Douglas	PA	M 20	18
26	26		146		29.24	Ricky Peacher	FS	M 20	19
27	27		145		29.35	Mark Pinney	FE	M 45	4
28	28		144		29.47	Alan Cooney	FS	M 20	20
29	29		143		29.50	Simon Phillips	PA	M 20	21
30	30		142		29.51	David Soloman	FE	M 40	2
31	31		141		29.53	Mark Garrett	WV	M 45	5
32	32		140		29.54	Jim Last	FS	M 20	22
33	33		139		29.56	Joseph Kirton	TH	M 17	3
34	34		138		30.07	John Wankowski	IT	M 20	23
35	35		137		30.17	Jason Taylor	FE	M 45	6
36	36		136		30.20	Chris Starmer	ST	M 50	1
37	37		135		30.29	Ben Blowers	NS	M 20	24
38	38		134		30.32	Goy Roper	WV	M 45	7
39	39		133		30.38	Andy Buck	NS	M 45	8
40	40		132		30.39	Chris Pimlott	WV	M 20	25
41	41		131		30.40	Neil Dinwiddie	FS	M 20	26
42	42		130		30.48	Will Law	FS	M 20	27
43	43		129		30.49	Brian Munns	NS	M 45	9
44	44		128		30.50	Matthew Harrison	IH	M 20	28
45	45		127		30.52	Paul Sullivan	WV	M 45	10
46	46		126		30.53	Graham Pattle	IH	M 20	29
47	47		125		30.56	Paul Brown	FS	M 45	11
48	48		124		31.01	Ker Macrosson	ST	M 55	2
49		1		88	31.04	Laura Odell	IH	F 20	1
50	49		123		31.21	James Wilson	FS	M 20	30
51	50		122		31.30	Seb Herrod	WV	M 20	31
52		2		87	31.32	Tracey Curl	WV	F 45	1
53	51		121		31.34	Alex Cairns	NS	M 20	32
54	52		120		31.36	Iain Milligan	WT	M 20	33
55	53		119		31.40	Steve Le Poidevin	PA	M 45	12
56	54		118		31.42	Richard Rhodes	BD	M 50	2

57	55		117	31.42	Pete Williams	IT	M 45	13
58	56		116	31.45	Chris Cooke	PA	M 50	3
59	57		115	31.49	Chris Seymour	ST	M 40	3
60		3		32.00	Lynn Emmett	BD	F 40	1
61	58		114	32.09	Adrian Peake	ST	M 45	14
62	59		113	32.15	Steve Hughes	ST	M 45	15
63	60		112	32.20	Tim Earl	WV	M 20	34
64	61		111	32.20	Joe Hornsey	BD	M 20	35
65		4		32.20	Nicky Brinkman	WT	F 35	1
66	62		110	32.26	Steven Brooke	FE	M 40	4
67	63		109	32.30	Cliff Bailey	TH	M 50	4
68	64		108	32.31	Derrick Smith	IT	M 55	3
69	65		107	32.36	Neil Gillingham	IH	M 20	36
70	66		106	32.37	Dale Mandell	FS	M 20	37
71	67		105	32.39	Chris Chorley	BD	M 45	16
72	68		104	32.42	Neville Clarke	NS	M 55	4
73	69		103	32.47	Jason Beeton	NS	M 20	38
74	70		102	32.48	Ian Gooderham	PA	M 40	5
75	71		101	32.49	Mark Watts	PA	M 45	17
76		5		32.52	Lucy Barnes	IH	F 17	1
77	72		100	32.54	Steve Edwards	NS	M 45	18
78	73		99	32.56	Chris Booth	WV	M 20	39
79	74		98	32.56	Roger Ackerley	FS	M 50	5
80	75		97	32.59	Richard Narey	ST	M 45	19
81	76		96	33.01	Rob Mackenzie	FS	M 45	20
82	77		95	33.06	Russell Breyer	IT	M 45	21
83	78		94	33.10	Andy Green	ST	M 40	6
84	79		93	33.11	Phil Bower	TH	M 50	6
85	80		92	33.24	Jonathan Comyn	WV	M 20	40
86	81		91	33.37	Christian Pawsey	FS	M 45	22
87	82		90	33.47	Chris Jones	FS	M 50	7
88	83		89	33.49	Peter Bird	PA	M 20	41
89		6		33.50	Laura Hicks	ST	F 20	2
90	84		88	33.51	Peter Mills	ST	M 55	5
91	85		87	33.51	Jim Withers	NS	M 55	6
92	86		86	33.57	Kenneth Tovell	FS	M 40	7
93	87		85	33.59	Oliver Norman	IH	M 17	4
94		7		34.00	Elies Mann	WV	F 35	2
95	88		84	34.03	Robin Harper	FE	M 20	42
96	89		83	34.09	Nathan Watson	FS	M 20	43
97	90		82	34.09	Jeff Agrilong	WT	M 45	23
98	91		81	34.11	Bill Kingaby	WV	M 55	7
99		8		34.14	Mary Narey	ST	F 40	2
100		9		34.15	Gail Pryke	FS	F 50	1
101	92		80	34.21	Tony Cantle	TH	M 50	8
102	93		79	34.26	Nigel Herrod	WV	M 55	8
103		10		34.26	Chloe Jennings	PA	F 20	3
104	94		78	34.29	Richard Nash	ST	M 20	44
105	95		77	34.32	Phil Clarke	WT	M 20	45
106	96		76	34.35	Darrell Oldman	BD	M 45	24
107		11		34.36	Claire Caiger	IH	F 17	2
108	97		75	34.43	Kevin Bird	ST	M 45	25
109	98		74	34.45	Tony Bradford	FE	M 45	26
110	99		73	34.48	Mike Troup	PA	M 55	9
111		12		34.51	Ursula White	NS	F 35	3
112		13		34.58	Stacey Owen	TH	F 20	4
113	100		72	35.01	Adam Etches	NS	M 20	46
114	101		71	35.04	Lee Phillips	FS	M 20	47
115	102		70	35.09	Andy Cox	FE	M 45	27
116	103		69	35.18	Oliver Minns	IH	M 17	5
117	104		68	35.22	Kevin Pywell	GY	M 50	9
118	105		67	35.29	Roly Shaw	BD	M 55	10
119	106		66	35.33	Stephen Shaw	FE	M 40	8

120	107	65		35.39	Jeremy Smith	IH	M 40	9
121	108	64		35.41	Kim Swan	PA	M 50	10
122	109	63		35.46	Martin Little	ST	M 40	10
123	110	62		35.51	Alex Wilson	NS	M 40	11
124	111	61		35.52	Stephen Williams	PA	M 55	11
125		14	75	35.54	Haley Suttle	ST	F 45	2
126	112	60		35.56	Kevin Booth	WV	M 45	28
127	113	59		35.59	Mark Sargeantson	FS	M 55	12
128	114	58		36.01	Ian Mace	FS	M 50	11
129	115	57		36.10	Chris Cook	PA	M 60	1
130	116	56		36.16	Wayne Tilbury-Larter	FS	M 20	48
131	117	55		36.16	James McKenzie	FS	M 20	49
132		15	74	36.19	Samantha Wing	TH	F 20	5
133		16	73	36.27	Claire Hoblin	PA	F 45	3
134		17	72	36.28	Helen Hornsey	BD	F 20	6
135	118	54		36.33	Richard Allport	FE	M 45	29
136		18	71	36.35	Dawn Carver	WV	F 45	4
137	119	53		36.42	Julian Colman	WT	M 50	12
138	120	52		36.45	James Seinet-Martin	FE	M 20	50
139	121	51		36.48	David Gilbert	BD	M 45	30
140	122	50		36.59	Angus Western	FS	M 40	12
141	123	49		37.02	Brian Wright	TH	M 55	13
142	124	48		37.04	Clive Purbrooke	NS	M 55	14
143		19	70	37.07	Emma Burroughs	IH	F 17	3
144		20	69	37.08	Sirka Love	NS	F 55	1
145	125	47		37.17	Stuart Abbott	FS	M 20	51
146	126	46		37.26	Simon Whalley	PA	M 45	31
147	127	45		37.34	Paul Wigans	FS	M 50	13
148	128	44		37.39	Jonathan Price	NS	M 60	2
149		21	68	37.53	Heather Collinson	IT	F 35	4
150	129	43		38.01	Tony Burdett	ST	M 45	32
151		22	67	38.03	Suzanne Rush	NS	F 40	3
152	130	42		38.05	David Watson	FS	M 55	15
153		23	66	38.08	Sandy Thorogood	NS	F 45	5
154	131	41		38.12	Simon Green	IT	M 55	16
155	132	40		38.14	George Wreathall	PA	M 50	14
156	133	39		38.18	Steve Seinet-Martin	FE	M 55	17
157	134	38		38.20	Bruce Rayner	BD	M 50	15
158	135	37		38.23	Mark Bell	FS	M 20	52
159	136	36		38.28	Dominic Turner	NS	M 40	13
160	137	35		38.32	John Moody	IT	M 20	53
161		24	65	38.33	Marion Walker	FS	F 55	2
162	138	34		38.42	Daniel Jones	IH	M 20	54
163	139	33		38.45	David Taylor	FS	M 60	3
164	140	32		38.47	Gary Hutchings	FS	M 50	16
165		25	64	38.49	Maire O'Brien	PA	F 45	6
166		26	63	38.58	Sarah Bradley	WV	F 45	7
167	141	31		39.05	Bob Paul	BD	M 55	18
168		27	62	39.07	Rebecca Clare	FS	F 45	8
169		28	61	39.07	Alex Smith	ST	F 35	5
170		29	60	39.17	Sharon Calton	WT	F 40	4
171		30	59	39.24	Sally Pearce	FE	F 50	2
172		31	58	39.33	Ann Millett	WV	F 55	3
173	142	30		39.37	Steve Oldman	BD	M 45	33
174		32	57	39.46	Paula Dye	IT	F 45	9
175	143	29		39.50	Tim Power	FS	M 60	4
176		33	56	39.52	Rebecca Peck	FS	F 40	5
177	144	28		39.52	Tim Emery	FE	M 45	34
178		34	55	39.54	Bobbie Sauerzapf	BD	F 50	3
179		35	54	40.01	Dee St Leger	NS	F 45	10
180		36	53	40.07	Mel Roberts	FS	F 50	4
181		37	52	40.13	Mandy Bunn	NS	F 40	6
182		38	51	40.30	Karen Page	PA	F 40	7
183	145	27		40.33	Mark Miller	ST	M 40	14
184	146	26		40.40	Tony Tyler	TH	M 50	17
185		39	50	40.48	Eloise Calver	PA	F 40	8
186		40	49	41.00	Tracey Morris	ST	F 50	5

187		41		48	41.08	Kate Stannett	IT	F 50	6
188	147		25		41.19	Paul Kerridge	FS	M 45	35
189	148		24		41.28	Bill Cox	FS	M 65	1
190		42		47	41.32	Lisa Cox	FE	F 35	6
191	149		23		41.43	Chris Hinnit	WT	M 20	55
192		43		46	41.57	Jenny Bird	ST	F 40	9
193		44		45	41.59	Gill Dinwiddie	FS	F 20	7
194		45		44	42.11	Marion Parker	FE	F 45	11
195		46		43	42.29	Annabel Bennett	FE	F 45	12
196		47		42	42.35	Maria Hamersoo	PA	F 20	8
197		48		41	42.38	Sara Bloor	FS	F 40	10
198		49		40	42.48	Sue Stoten	NS	F 45	13
199	150		22		42.53	Richard Fellingham	ST	M 60	5
200		50		39	42.55	Angla Barns	NS	F 20	9
201		51		38	42.57	Belinda Schofield	NS	F 55	4
202		52		37	43.19	Marjorie Davis	NS	F 45	14
203		53		36	43.35	Sally Watson	FS	F 55	5
204		54		35	43.47	Karen McMorran	BD	F 35	7
205	151		21		43.47	Gary McMorran	BD	M 40	15
206		55		34	43.57	Viv Taylor	FS	F 55	6
207		56		33	43.59	Kaye Branton	FE	F 40	11
208		57		32	44.05	Susanna Pritchard	ST	F 20	10
209	152		20		44.07	Chris Aylmer	NS	M 60	6
210		58		31	44.24	Jenny Jarrett	FE	F 45	15
211		59		30	44.27	Anita Tetley	ST	F 40	12
212		60		29	44.36	Dawn Mason	WS	F 50	7
213		61		28	44.48	Corrina Smith	TH	F 40	13
214	153		19		44.59	Andy Bond	ST	M 60	7
215		62		27	44.59	Diane Thomas	NS	F 20	11
216	154		18		45.14	Ivan Coleman	WV	M 45	36
217		63		26	45.17	Susan Wright	BD	F 40	14
218	155		17		45.29	Malcolm Hogarth	ST	M 50	18
219		64		25	45.39	Judy Potter	BD	F 65	1
220	156		16		46.04	Tony Fuller	IH	M 55	19
221		65		24	46.13	Sue Hargadon	IT	F 55	7
222		66		23	46.33	Karen Waters	BD	F 40	15
223		67		22	46.40	Tamsin Desborough	GY	F 17	4
224	157		15		46.43	Jim King	ST	M 65	2
225	158		14		46.48	Philip Beer	ST	M 45	37
226		68		21	46.49	Kate Beer	ST	F 40	16
227	159		13		47.17	Barry Palmer	DI	M 40	16
228		69		20	47.43	Catharine Carfoot	WV	F 35	8
229	160		12		47.44	Robin Farrar	BD	M 65	3
230		70		19	47.50	Dawn Pretty	FS	F 45	16
231	161		11		48.31	David Coley	FE	M 60	8
232		71		18	49.23	Dawn D'Amarco	WT	F 35	9
233		72		17	49.46	Jo Clifton	FS	F 40	17
234		73		16	49.52	Ali Chambers	FS	F 35	10
235	162		10		49.59	Ian Ash	BD	M 65	4
236		74		15	50.24	Katy Hackett	FS	F 20	12
237		75		14	51.11	Diane Doyle	FS	F 20	13
238		76		13	51.31	Nicole Mowlam	WT	F 40	18
239		77		12	53.26	Lisa Jennings	NS	F 40	19
240		78		11	58.17	Jenny Hill	BD	F 60	1
241		79		10	60.27	Wendy Merfield	FS	F 70	1