

# SUFFOLK WINTER CROSS COUNTRY LEAGUE 2011/12

## BUNGAY SENIORS

O/L	POSITION		POINTS		TIME	RUNNER NAME	CLUB	INDIVIDUAL	
	M	F	M	F				CAT	POS
1	1		133		32.00	Luke Allan	WV	M 20	1
2	2		132		32.19	Steven Robinson	PA	M 20	2
3	3		131		32.43	Kevin Murphy	PA	M 20	3
4	4		130		33.54	Adam Thomas	WV	M 20	4
5	5		129		34.04	Paul Holley	NS	M 45	1
6	6		128		34.20	Jamie Shaw	NS	M 20	5
7	7		127		34.40	Carl Prewer	WV	M 40	1
8	8		126		35.08	Simon Gardiner	IH	M 20	6
9	9		125		35.24	Nick Palmer	ST	M 20	7
10	10		124		35.40	Ben Caisey	IN	M 20	8
11	11		123		35.51	Vincent Coogan	NS	M 20	9
12	12		122		35.53	Greg Davis	NS	M 45	2
13	13		121		36.00	Adi Barbrooke	WT	M 20	10
14	14		120		36.05	Glenn Douglas	PA	M 20	11
15	15		119		36.25	Ross Fawcett	IH	M 17	1
16	16		118		36.28	Ben Green	IN	M 17	2
17	17		117		36.29	Lee Morgan	IN	M 40	2
18	18		116		36.33	Robert Cheverton	WV	M 55	1
19	19		115		36.45	Will Law	FS	M 20	12
20	20		114		37.05	Kevin Vaughan	PA	M 45	3
21	21		113		37.16	Matt Singleton	WT	M 20	13
22	22		112		37.32	Darren Sheppard	FS	M 40	3
23	23		111		37.35	David Soloman	FE	M 40	4
24	24		110		37.44	Chris Starmer	ST	M 50	1
25	25		109		37.47	Martyn Taylor	NS	M 20	14
26	26		108		37.54	Ricky Peacher	FS	M 20	15
27	27		107		38.06	Simon Phillips	PA	M 20	16
28	28		106		38.09	John Wankowski	IN	M 20	17
29	29		105		38.13	Graham Pattle	IH	M 20	18
30	30		104		38.18	Mark Pinney	FE	M 45	4
31	31		103		38.29	Goy Roper	WV	M 45	5
32	32		102		38.32	Denys Olefir	NS	M 20	19
33	33		101		38.37	Robert Smailes	PA	M 17	3
34	34		100		38.47	Chris Seymour	ST	M 40	5
35	35		99		38.52	James Wilson	NS	M 20	20
36	36		98		39.11	Brian Munns	NS	M 45	6
37	37		97		39.14	Andy Buck	NS	M 45	7
38	38		96		39.21	Paul Sullivan	WV	M 40	6
39	39		95		39.24	Dan Kinsman	FS	M 20	21
40		1		73	39.26	Jo Coates	PA	F 35	1
41	40		94		39.31	Nick Hammond	ST	M 40	7
42	41		93		39.34	Jim Last	FS	M 20	22
43	42		92		39.44	Tim Earl	WV	M 20	23
44	43		91		39.51	Steve Edwards	NS	M 45	8
45	44		90		39.58	Neil Gillingham	IH	M 20	24
46	45		89		40.04	Jason Taylor	FE	M 20	25
47	46		88		40.19	Chris Pimlott	WV	M 20	26
48		2		72	40.24	Lynn Emmett	BD	F 40	1
49	47		87		40.26	Ker Macrosson	ST	M 55	2
50	48		86		40.41	Paul Brown	FS	M 45	9
51	49		85		40.49	Dale Mandell	FS	M 20	27
52	50		84		40.52	Chris Chorley	BD	M 45	10

53		3	71	40.54	Tracey Curl	WV	F 45	1
54	51		83	40.57	Robbie James	BD	M 40	8
55		4	70	41.00	Abbie Thorrington	IN	F 20	1
56	52		82	41.03	Stephen Hatten	PA	M 45	11
57	53		81	41.23	Cliff Bailey	TH	M 50	2
58	54		80	41.31	Martin Archer	IN	M 45	12
59	55		79	41.48	Roger Ackerley	FS	M 50	3
60	56		78	42.03	Steven Brooke	FE	M 40	9
61	57		77	42.05	Russell Breyer	IN	M 45	13
62		5	69	42.14	Christine Anthony	WS	F 45	2
63	58		76	42.17	Colin Pitts	ST	M 50	4
64		6	68	42.41	Maureen McCarthy	WS	F 45	3
65	59		75	42.48	Simon Asher	BD	M 20	28
66		7	67	42.52	Lucy Barnes	IH	F 17	1
67	60		74	42.56	Steve Curran	FS	M 45	14
68	61		73	42.57	Gerry Watson	FE	M 55	3
69	62		72	42.58	Jeff Agricole	WT	M 45	15
70	63		71	43.02	Graham Coulter	DI	M 20	29
71		8	66	43.06	Ursula White	NS	F 35	2
72	64		70	43.07	David Oliver	WV	M 40	10
73	65		69	43.10	Graeme Cleaie	FS	M 20	30
74	66		68	43.21	Rob Mackenzie	FS	M 45	16
75	67		67	43.24	Alan Fairs	WV	M 40	11
76	68		66	43.34	Stewart Hambling	FS	M 40	12
77	69		65	43.43	Chris Sugars	IH	M 40	13
78	70		64	43.44	Peter Mills	ST	M 55	4
79		9	65	43.45	Sharon Calton	WT	F 40	2
80		10	64	43.51	Claire Hoblyn	PA	F 45	4
81		11	63	43.53	Elies Mann	WV	F 35	3
82	71		63	43.56	Daniel Jones	IH	M 20	31
83	72		62	43.56	Mikele Capasso	IN	M 45	17
84	73		61	43.58	Robin Harper	FE	M 20	32
85	74		60	44.00	Richard Nash	ST	M 20	33
86		12	62	44.03	Emma Burroughs	IH	F 17	2
87	75		59	44.09	Tony Cantle	TH	M 50	5
88	76		58	44.14	Bill Kingaby	WV	M 55	5
89	77		57	44.21	Martin Little	ST	M 40	14
90	78		56	44.31	James Manning	PA	M 40	15
91	79		55	44.33	Dave Vaughan	PA	M 55	6
92	80		54	44.38	Julian Colman	WT	M 50	6
93	81		53	44.50	Roly Shaw	BD	M 55	7
94	82		52	45.04	Dominic Turner	NS	M 40	16
95	83		51	45.16	Mike Cross	WT	M 45	18
96		13	61	45.22	Sandra Bower	TH	F 50	1
97	84		50	45.32	Newland Andrews	FS	M 20	34
98		14	60	45.32	Tricia Goulden	WT	F 50	2
99		15	59	45.33	Laura Hicks	ST	F 20	2
100	85		49	45.38	Richard Dye	BD	M 50	7
101	86		48	45.46	Richard Sawyer	PA	M 50	8
102	87		47	45.48	Kenneth Tovell	FS	M 40	17
103		16	58	45.57	Mary Narey	ST	F 40	3
104	88		46	46.00	Ron Ames	ST	M 60	1
105		17	57	46.04	Dawn Carver	WV	F 45	5
106	89		45	46.09	Chris Cook	PA	M 60	2
107		18	56	46.16	Justine Anthony	WS	F 17	3
108	90		44	46.31	Jonathan Price	NS	M 60	3
109		19	55	46.35	Kim Reader	FE	F 40	4
110		20	54	46.44	Charmaine Gerraghty	ST	F 35	4

111	91		43	46.46	Oliver Minns	IH	M 17	4	
112	92		42	46.50	Stephen Williams	PA	M 55	8	
113	93		41	46.52	Nigel Herrod	WV	M 50	9	
114	94		40	47.03	David Gilbert	BD	M 45	19	
115	95		39	47.05	Simon Green	IN	M 55	9	
116	96		38	47.11	Stephen Shaw	FE	M 40	18	
117	97		37	47.24	Mark Sargeantson	FS	M 55	10	
118		21		53	47.40	Helen Hornsey	BD	F 20	3
119	98		36	47.43	Steve Oldman	BD	M 45	20	
120		22		52	47.44	Sirrka Love	NS	F 55	1
121	99		35	47.46	Clive Purbrook	NS	M 55	11	
122		23		51	47.54	Samantha Wing	TH	F 20	4
123	100		34	48.16	Brian Wright	TH	M 55	12	
124		24		50	48.47	Bobbie Sauerzapf	BD	F 50	3
125	101		33	48.50	Tony Millett	WV	M 55	13	
126		25		49	48.52	Maire O'Brien	PA	F 45	6
127	102		32	48.53	Cliff Lear	TH	M 45	21	
128	103		31	49.00	David Coley	FE	M 60	4	
129	104		30	49.05	David Taylor	FS	M 60	5	
130		26		48	49.06	Ann Millett	WV	F 55	2
131	105		29	49.30	Bruce Rayner	BD	M 50	10	
132	106		28	49.43	David Punt	BD	M 55	14	
133		27		47	50.09	Tracey Morris	ST	F 50	4
134	107		27	50.16	Richard Fellingham	ST	M 60	6	
135	108		26	50.22	David Waterman	BD	M 50	11	
136		28		46	50.34	Alex Smith	ST	F 35	5
137	109		25	50.34	Bob Paul	BD	M 55	15	
138		29		45	50.40	Haley Cocksedge	TH	F 35	6
139		30		44	50.49	Annette Manning	BD	F 50	5
140	110		24	51.14	Tim Power	FS	M 60	7	
141		31		43	51.27	Fiona Tooley	WS	F 40	5
142		32		42	51.37	Marion Walker	FS	F 55	3
143		33		41	52.00	Sarah Bradley	WV	F 45	7
144	111		23	52.09	Tim Emery	FE	M 45	22	
145		34		40	52.45	Becky Sturgeon	BD	F 35	7
146		35		39	53.00	Marjie Davis	NS	F 45	8
147	112		22	53.14	Tony Fuller	IH	M 55	16	
148		36		38	53.17	Diana Thomas	NS	F 20	5
149		37		37	53.22	Mel Roberts	FS	F 50	6
150	113		21	53.30	Chris Hinnit	WT	M 20	35	
151		38		36	53.39	Shona Bendix	BD	F 40	6
152		39		35	53.45	Corrina Smith	TH	F 40	7
153		40		34	54.20	Dawn D'Amarco	WT	F 35	8
154		41		33	54.20	Mandy Bunn	NS	F 40	8
155	114		20	54.28	Ivan Coleman	WV	M 45	23	
156		42		32	54.37	Jo Parden	FS	F 40	9
157	115		19	54.55	David Henshaw	BD	M 40	19	
158		43		31	55.09	Belinda Schofield	NS	F 55	4
159	116		18	55.35	Keith Borrett	ST	M 55	17	
160	117		17	55.36	Andy Bond	ST	M 60	8	
161		44		30	55.52	Viv Taylor	FS	F 55	5
162	118		16	56.01	Marcus Nichols	BD	M 20	36	
163		45		29	56.41	Judy Potter	BD	F 65	1
164	119		15	56.57	Chris Aylmer	NS	M 60	9	
165		46		28	57.07	Sally Nichols	BD	F 50	7
166		47		27	57.53	Tamsin Desborough	GY	F 17	4
167		48		26	59.04	Carol Maycock	BD	F 50	8
168		49		25	59.24	Catharine Carfoot	WV	F 35	9

169	50	24	59.30	Gina Browse	NS	F 35	10
170	51	23	59.46	Joanne Taylor	BD	F 35	11
171	52	22	59.46	Louise Reed	BD	F 35	12
172	53	21	60.14	Jackie Bell	BD	F 50	9
173	120	14	60.22	Robin Farrar	BD	M 65	1
174	54	20	60.58	Claire Graham	BD	F 40	10
175	55	19	62.10	Karen Waters	BD	F 40	11
176	56	18	62.36	Nicole Mowlam	WT	F 40	12
177	57	17	62.43	Sharon Cannell	BD	F 35	13
178	121	13	64.34	Barry Palmer	DI	M 40	20
179	122	12	64.39	Jacques Groen	BD	M 60	10
180	58	16	65.04	Susie Warman	BD	F 35	14
181	123	11	66.48	Bob Jack	BD	M 50	12
182	59	15	67.48	Sarah Renforth	BD	F 35	15
183	60	14	67.57	Susie Smith	BD	F 20	6
184	61	13	68.14	Lisa Rayner	BD	F 35	16
185	124	10	68.14	Chris Warman	BD	M 40	21
186	62	12	69.11	Alison Rogers	BD	F 45	9
187	63	11	69.25	Jennie Grimwood	NS	F 55	6
188	64	10	69.27	Nikki Hunting	BD	F 20	7