

Under 13 inter-counties at Kingston

Eleven athletes from Ipswich harriers made the long trip to Kingston to represent Suffolk in the Under 13 inter-county event. Everyone rose to the challenge and put in great performances against tough opposition in extremely hot weather conditions. In total five personal bests were set.



Boys results

Christopher Jones came 10th in high jump and also 10th in the A 800 race setting a new pb of 2.31.60. Jamie Crocker came 5th in the B 100m and 4th in the A 200m. Jake Greenleaf came 7th in the B 200m. Henry Milldown came 12th in the 1500m A race setting a new pb of 5.06.21 and 11th in the B long jump. Joshua Richards put in two great performances setting pb in both throwing events. Joshua came 9th in the B shot with a pb of 6.51 and came 12th in A discus with a pb of 15.20

Girls Results

Chloe Godbold came 6th in the A 100 and 5th in the 800. Lauren Grubb came 6th in the A 200 and 8th in the high jump. Mirri Budd came 5th in the A 70 metres hurdles and 6th in the B long jump. Lermae Youngs came 11th in the A long jump. Maddison Clarke put in a fine performance setting a new pb in the A discus of 11.32 finishing in 13th place. Maddison also came 8th in the 100m. Freya Emerick also completed in the 100 finishing 8th in her race.

Relays :- Chloe Godbold, Lermae Youngs and Miri Budd from Ipswich harriers with Sophie Tooley from west Suffolk formed the Suffolk relay team, finishing 6th

Jamie Crocker and Jake Greenleaf from Ipswich Harriers with Will and Jacob from West Suffolk formed the boys team also finishing 6th

Suffolk finished 11th in the girls competition on 200 points, with the boys finishing 12th overall on 187