

Match - East Anglian league

Age group		Senior Men			Sheet 1		Ipswich		20/04/08					
Points	1st	7	2nd	6	3rd	5	4th	4	5th	3	6th	2	7th	1
Events		First		Second		Third		Fourth		Fifth		Sixth		Seventh
100m A	I	12.0 Will Goldsmith	F	12.1 Luke Allen	G	12.2 Josh Aldred
100m B	II	12.4 Josh Barton	GG	13.0 Matt Sharp
200m A	G	23.8 Josh Aldred	I	24.1 Josh Barton	B	24.4 D Hartshone
200m B
400m A	B	51.7 D Hartshone	C	52.3 0	I	53.8 Neil Gillingham	G	55.6 Matt Sharp	F	58.2 Andy Ridley	L	62.7 C Reid	.	.
400m B	II	53.3 Mark Robinson	GG	59.1 Joe Lees	BB	70.5 J McEwan
800m A	I	1.59.1 Tom Love	C	1.59.6 L Heard	BB	2.04.6 D Hartshone	F	2.06.6 Andy Ridley	GG	2.10.8 Joe Lees	L	2.24.7 C Reid	.	.
800m B	II	2.09.7 Tim Byford	FF	2.11.0 Colin Ridley	CC	2.11.8 S Thyn	B	2.12.1 M Cole	G	2.12.3 Mitch Reed
3000m A	F	9.28.7 Andy Ridley	I	9.53.8 Josh Entwistle	B	9.55.2 M Cole	L	10.06.1 R Cheverton	G	11.04.3 Mitch Reed
3000m B	FF	9.30.7 M Cripps	II	9.57.1 Simon Gardiner
Sprint hdls A
Sprint hdls B
4 x 100m	I	48.8 Ipswich	G	52.6 Yarmouth	B	55.4 Braintree

Total of Track events

Scores							WASTE
I	F	C	L	G	B	N	
7	6			5			10
7				6			15
6				7	5		10
							28
5	3	6	2	4	7		1
7				6	5		10
7	4	6	2	3	5		1
7	6	5		3	4		3
6	7		4	3	5		3
6	7						15
							28
							28
7				6	5		10
65	33	17	8	43	36	0	162

Match - East Anglian league

Age group Senior Men Sheet 2 Ipswich 20/04/08

		First		Second		Third		Fourth		Fifth		Sixth		Seventh
Highjump A	I	1.70 Jonathn Moore	C	1.70 M Rose	F	1.65 Charlie Trafford
Highjump B	II	1.50 Neil Gillingham
Longjump A	G	5.80 Josh Aldred	F	5.79 Luke Allen	C	5.52 M Rose	II	5.24 Jonathan Moore	nn	5.20 D Rourke	I	4.64 C Reid	.	.
Longjump B	ff	5.39 Charlie Trafford	I	5.18 Robert Graham	n	5.12 M Norris
Triplejump A	F	12.60 Luke Allen	I	12.52 Robert Graham	NN	11.35 D Rourke
Triplejump B	N	10.79 M Norris	II	10.57 Jonathan Moore
Shot A	F	10.36 Luke Allen	B	9.68 L Green	I	9.54 Brian Clark	G	8.03 M Barwick	NN	7.44 L Oliver
Shot B	II	7.71 Graham Holmes	FF	7.59 Steve Bode	N	5.52 S Rourke
Discus A	B	29.88 L Green	I	24.30 Brian Clark	FF	22.75 Steve Bode	G	21.83 M Barwick	NN	17.95 L Oliver
Discus B	F	20.23 Luke Allen	II	19.24 Graham Holmes	N	16.34 S Rourke
Hammer A	I	28.63 Brian Clark	G	19.23 M Barwick
Hammer B	II	17.35 Neil Gillingham
Javelin A	G	34.58 Joe Lees	F	31.68 Steve Bode	N	28.69 M Norris	II	28.59 Will Goldsmith
Javelin B	NN	24.50 D Rourke	I	22.33 Brian Clark

Total Field events

Age group Grand Totals - Track plus Field

Position in age group

Club letters

	I	F	C	L	G	B	N	WASTE
7	5	6						10
7								21
4	6	5	2	7		3	1	
6	7					5	10	
6	7					5	10	
6						7	15	
5	7			4	6	3	3	
7	6					5	10	
6	5			4	7	3	3	
6	7					5	10	
7				6			15	
7							21	
4	6			7		5	6	
6						7	15	
84	56	11	2	28	13	48	150	

149	89	28	10	71	49	48	312
1	2	6	7	3	4	5	
I	F	C	L	G	B	N	