

Harriers travelled to Colchester for the final East Anglian League meeting and for the second week running we put in some terrific performances to qualify for another final, this time taking place at Bury on September 18th. Special mention has to be made of the throwing team who once again turned in a near spotless performance with several enhancing their standing with each event.

Jamie Crocker got the u13 boys off to a great start with a pb of 3.98 in the long jump and 2nd in the 100 before pulling up with a calf strain. His sprint partner Jake Greenleaf won the B 100 and came 3rd in the 200. Louis Breyer enhanced his pb to 2.33 in the 800 and then won the B 200. Josh Richards came 4th in his 800, 2nd in the shot but achieved a pb of 15.67 in the discus while Max Hudson won the shot and Javelin with a pb of 29.43.

Lermae Youngs and Chloe Godbold worked in tandem for the sprints and Long jump for the u13 girls. Youngs came 2nd in the 100 and won the 200 while Godbold won the B 100 and 2nd in the 200 and long jump. Ella Hughes set a new pb of 2.43 in winning the 800 with Freya Emerick winning the High jump with a pb of 1.20. Daisy Tucker won her discus with debutant Alice Woollatt getting 3rd in the shot.

The u15 boys announced their arrival with double wins in the 100 and 200 from George Johnson with Liam Manser winning the B 100 and Jason King the B 200. Manser also won the long jump with a pb of 5.40. Richard Ling won the B long jump then came 3rd in the 1500. Theo Passmore came a close 2nd in the 800 with 2.22 and 3rd in the javelin. Connor Elles, in only his second event, was joint 1st in the High Jump with 1.40, got a pb of 10.46 in his first triple jump and won the shot with 9.19. Marshall Childs won the A event and the javelin with a pb of 49.50. Jason Strauss came 2nd in the hammer with a pb of 16.01.

The u15 girls again had a large number but struggled to make headway in the sprints. Chantelle Kilpatrick came 3rd in the 100 but won the B long jump. Chloe Stopher came 3rd in the A 100 and 200 with Georgia Kemp showing promise by getting 2nd place in the 200. Rachel Ryan had a terrific day, coming 2nd in the long jump and 800 but setting a new pb in the 300 with an excellent 45.8. Christina Day came 2nd in high jump with a pb of 1.35. Nadia Jolly won the javelin with a pb of 11.97. Helena Coe won the shot and discus and won points in the High jump showing her competitive spirit. Ellie Bloomfield won the hammer with an enormous throw of 41.25 catapulting her into the top 10 in the country and then followed up with 31.27 in the discus to put her up to 15th in the rankings.

The U17 boys were very strong in the middle distances with Toby Rankin winning the 800 in 2.09 and the 1500 in 4.29. Connor Whiting came a close 2nd in the 800 but won the B 1500 in 4.40. Andy Revell and Ross Tenant ran as guests in the 800 and both enhanced their pbs to 2.02 and 2.07 respectively. Tom Powell came 2nd in the 100 and 200 but won the B high jump. Errol Thompson won his sprints before winning the B long Jump. Seb Lupton won the Long jump and 400m with a pb of 56.1. Ben Fawcett won the hurdles and the triple jump with a pb of 11.82. Theo Moore got tow pbs in the hammer and shot (34.37 & 9.19). Paul Roberts increased his pb to 45.74 in winning the javelin and the shot in 10.81.

The U17 and senior women were again triumphant in the 100 and 200 with Enya Moore and Emily Lambert victorious in their races. Alex Leigh-Pearson came 3rd in the 400 with Brogan Mortimer winning the B race. Lucy Barnes had a terrific victory in the 800 winning against her rival from Colchester in a pb

of 2.23.1. Beth Clarke did well finishing 4th in strong A long jump which Jess Crissell won the B jump before winning the A triple jump. Alice Robinson had a complete set of victories in the discus, shot and javelin. Georgina Howe got a new pb of 45.93 in winning the hammer, she also won the discus. Kerry Fuller was another versatile athlete who won the hurdles and the shot.

The senior men saw some new pbs being set by what can be termed as the really senior members. Nigel Hayman and Lee Bowker both recorded pbs in the 100 which Rob Graham won in a pb of 11.6. Graham also won the Long and Triple jumps. Hayman also won the High jump and his hurdles with Jeremy Smith winning the B event. Keiran Williams won the triple jump and came 2nd in the 200. Ross Fawcett after cycling 40k, still managed to win the B 800 in which Dan Green got 2nd in the A race. Joe Bloomfield won the hammer, discus and the shot with a sb of 13.74 in which his father, Craig came 2nd in the B event. Rory McMillan won the B discus.