

Track				
Event	No.	Name	Club	Performance
100m	281	Tyrell Emmanuel	NEB	11.5
	263	Neil Gillingham	Ipswich	11.8
	274	Tom Chambers	Ashford	11.9
	262	Graham Pattle	Ipswich	11.9
	275	Chris Meakin	Ashford	11.9
200m	276	Jornelio Ramos	NEB	23.4
	281	Tyrell Emmanuel	NEB	24.1
	262	Graham Pattle	Ipswich	24.2
	268	Anthony Kitterman	Ipswich	24.8
800m	284	Richard Pawlak (u20)	Nene Valley	2.06.9
4x400m	289		Ipswich	3.36.0
1500m	272	Ross Fawcett	Ipswich	4.32.2
	271	Simon Gardiner	Ipswich	4.33.3

Field				
Event	No.	Name	Club	Performance
Discus	282	Ben Hale	Nene Valley	33.98
	7	Steve Head	NEB	28.62
Triple Jump	271	Simon Gardiner	Ipswich	11.20
High Jump	268	Anthony Kitterman	Ipswich	1.40