

For the final Southern Womens league meeting of the season Harriers travelled to Basildon for what was their chance to stave off relegation from the Premier League. Unfortunately we came up against strong teams from the host club and Guildford together with the eventual League winners, Reading. Fortunately we managed to gain enough points to secure our place in next years premier league but it was tough going.

Reading	186
Guildford and Godalming	148
Basildon	140
Ipswich	83

The Senior womens track athletes could make little headway against the opposition, and it was due to the all round performances of Kerry Fuller, Jenny Reason, Jessica Crissell and Yvonne Holmes who all stepped in to gain points in events they do not specialize in or overcame injury. Fuller and Reason gained second places in the hurdles with Reason also 3rd in the Pole Vault, High and Triple Jump. Crissell was the only senior winner, with a victory in the Triple Jump with a SB of 10.30. Alice Robinson gained 2nd in her shot while the relay team of Enya Moore, Emily Lambert, Crissell and Whitlock finished in 3rd place.

It was a similar situation with the U15 girls track team. The whole team owe a huge debt to the Field section who produced some great performances to give the score some respectability and probably ensured our survival. Helena Coe threw 10.30 to win the A shotput with Ellie Bloomfield getting 2nd in the B string with a pb of 8.70. Bloomfield then came 2nd in the discus with another pb of 31.43. Sarah Prescott-Smith was the undoubted athlete of the match for Harriers with consummate victories in the High Jump (1.56) and the Long Jump (5.30) and then ran 28.4 in the 200m. Chantelle Kilpatrick got 2nd in the Long Jump with 4.44 but Rachel Ryan enhanced her pb to 4.64 in the same competition.