

**East Anglian League - Match result sheet****Match held at** Ipswich**On** 08/05/11**Under 13 Girls**

Club	Score	Position
Ipswich	81	2
Chelmsford	63	3
NVH	0	
Southend	43	4
Colchester & T	83	1
Diss	0	
-	0	
-	0	

**Under 15 Girls**

Club	Score	Position
Ipswich	95	1
Chelmsford	79	3
NVH	19	6
Southend	54	4
Colchester &	81	2
Diss	24	5
-	0	
-	0	

**Ladies**

Club	Score	Position
Ipswich	143	1
Chelmsford	62	4
NVH	26	6
Southend	70	3
Colchester & T	74	2
Diss	53	5
-	0	
-	0	

**Under 13 Boys**

Club	Score	Position
Ipswich	85.5	1
Chelmsford	71.5	2
NVH	0	
Southend	23	4
Colchester & T	37	3
Diss	8	5
-	0	
-	0	

**Under 15 Boys**

Club	Score	Position
Ipswich	135	1
Chelmsford	34	4
NVH	21	5
Southend	96	2
Colchester &	65	3
Diss	7	6
-	0	
-	0	

**Under 17 Men**

Club	Score	Position
Ipswich	128	1
Chelmsford	94	3
NVH	0	
Southend	107	2
Colchester & T	37	4
Diss	9	5
-	0	
-	0	

**Senior Men**

Club	Score	Position
Ipswich	131	1
Chelmsford	52	4
NVH	89	2
Southend	58	3
Colchester & T	12	6
Diss	38	5
-	0	
-	0	

**Overall Match result**

Club	Total Score	Match position
Ipswich	798.5	1
Chelmsford	455.5	2
NVH	155	5
Southend	451	3
Colchester &	389	4
Diss	139	6
-	0	
-	0	

Scored by .....

Checked by .....

Full results including non-scorers should be e-mailed to [results@athletics-weekly.com](mailto:results@athletics-weekly.com) and [admin@thepowerof10.info](mailto:admin@thepowerof10.info)  
 This should be as the original workbook - not a pdf file  
 The full results sheets must be e-mailed to the two league secretaries (original workbook please).  
 and a copy e-mailed or posted to all visiting clubs by the Wednesday following the match.  
 (Full results workbook - to Mr Noel Moss, 18 Hunts Rd, Duxford, Cambs, CB22 4RE - e-mail [noelmoss@btinternet.com](mailto:noelmoss@btinternet.com)  
 and to Mr Tony Cheatham, 13 Longfield Rd, Capel-St-Mary, Ipswich, IP9 2UA - e-mail [anthonycheatham1107@btinternet.com](mailto:anthonycheatham1107@btinternet.com))  
 All team declaration sheets, and officials signing in sheets, must be sent by post to Mr Tony Cheatham as soon as possible.

# Match - East Anglian league

Agegroup		Under 13 Girls				Ipswich				08/05/11				
Points	1st	6	2nd	5	3rd	4	4th	3	5th	2	6th	1	7th	0
Events		First		Second		Third		Fourth		Fifth		Sixth		Seventh
100m A	I	14.0 Chloe Godbold	S	14.9 Holly Coughlan	C	15.5 Courtney Bland	X	15.7 Lucy Woolnough	.	.	.	.	.	.
100m B	II	14.6 Miri Budd	XX	15.6 Rebecca Millard	CC	15.7 Emily Donahue	.	.	.	.	.	.	.	.
200m A	i	30.0 Lermae Youngs	s	30.2 Gabriella Pearsor	x	31.9 Amy Shilldrake	c	34.3 Courtney Bland	.	.	.	.	.	.
200m B	ii	30.1 Miri Budd	cc	32.5 Emily Donahue	.	.	.	.	.	.	.	.	.	.
800m A	S	2.48.7 Gabriella Pearsor	C	2.51.4 Georgina Sturgeo	I	2.54.4 Ella Goodrum	.	.	.	.	.	.	.	.
800m B	SS	2.47.5 Abigail Pocock	XX	2.51.9 Amy Shilldrake	CC	2.56.4 Emily Donahue	.	.	.	.	.	.	.	.
1500m A	x	5-19.3 Joddy Judd	i	5-42.0 Chloe Godbold	cc	6-29.1 .	.	.	.	.	.	.	.	.
1500m B	c	6-38.6 Emily Haigh	.	.	.	.	.	.	.	.	.	.	.	.
Sprint hds A	I	13.3 Miri Budd	S	13.8 Holly Coughlan	X	15.2 Lolly Wiffen	C	15.5 Lucy Phillipott	.	.	.	.	.	.
Sprint hds B	II	13.1 Lauren Grubb	XX	13.6 Robyn Stafford	CC	14.5 Alexandra Leslie	.	.	.	.	.	.	.	.
4 x 100m	i	57.9 Ipswich Harriers	c	61.8 Colchester & T	x	62.5 Chelmsford	.	.	.	.	.	.	.	.
Highjump A	I	1.30 Lauren Grubb	SS	1.25 Holly Coughlan	XX	1.15 Lucy Woolnough	C	1.00 Georgina Sturgeo	.	.	.	.	.	.
Highjump B	S	1.20 Gabriella Pearsor	X	1.15 Rebecca Millard	CC	1.00 Lucy Phillipott	.	.	.	.	.	.	.	.
Longjump A	i	4.07 Chloe Godbold	s	3.65 Abigail Pocock	cc	3.60 Alexandra Leslie	xx	3.35 Amy Shilldrake	.	.	.	.	.	.
Longjump B	ii	3.54 Lermae Youngs	c	2.96 Emily Haigh	.	.	.	.	.	.	.	.	.	.
Shot A	C	5.04 Caitlin O'Reilly	X	4.96 Lolly Wiffen	.	.	.	.	.	.	.	.	.	.
Shot B	CC	4.10 Isabel McKay	.	.	.	.	.	.	.	.	.	.	.	.
Discus A	i	15.99 Daisy Tucker	x	10.40 Robyn Stafford	c	9.45 Isabel McKay	.	.	.	.	.	.	.	.
Javelin A	i	13.79 Ella Goodrum	x	12.43 Lolly Wiffen	c	12.10 Georgina Sturgeo	.	.	.	.	.	.	.	.

Scores							WASTE
I	X	U	S	C	D	-	
6	3		5	4			3
6	5			4			6
6	4		5	3			3
6				5			10
4			6	5			6
	5		6	4			6
5	6			4			6
				6			15
6	4		5	3			3
6	5			4			6
6	4			5			6
6	4		5	3			3
	5		6	4			6
6	3		5	4			3
6				5			10
	5			6			10
				6			15
6	5			4			6
6	5			4			6

Age group Grand Totals - Track plus Field

Position in age group

Club letters

81	63	0	43	83	0	0	129
2	3		4	1			
I	X	U	S	C	D	-	

# Match - East Anglian League

## Agegroup Under 15 Girls

Ipswich

8/5/11

Points	1st	6	2nd	5	3rd	4	4th	3	5th	2	6th	1	7th	0
<b>Events</b>	<b>First</b>		<b>Second</b>		<b>Third</b>		<b>Fourth</b>		<b>Fifth</b>		<b>Sixth</b>		<b>Seventh</b>	
100m A	X 12.8 Katie Ellis	d	13.4 Ellie Drake	s	13.6 Kerry McCrory	c	13.7 Ant Adefolasu	i	13.7 Molliee Frost	.	.	.	.	.
100m B	dd 13.5 K Pursehouse	ss	13.6 Lucy Shaw	xx	13.9 April Castle	cc	14.2 Kayleigh McKay	ii	14.3 Anabelle Lupton	.	.	.	.	.
200m A	s 28.3 Kerry McCrory	x	28.4 Natasha Bird	i	28.5 Molliee Frost	d	30.3 K Pursehouse	u	30.5 Hannah Randall	c	31.3 Kayleigh McKay	.	.	.
200m B	cc 28.9 Honor Crane	ss	29.0 Tinashe Mutsure	xx	30.3 April Castle	ii	31.7 Christina Day	uu	35.0 Georgia Gibbs	.	.	.	.	.
300m A	x 45.2 Maleen Avontuur	c	50.8 Keyleigh McKay	u	50.9 Alison Church	i	51.3 Sophie Godbold	.	.	.	.	.	.	.
800m A	X 2.25.9 Millie Smith	l	2.29.2 Rachel Ryan	S	2.33.4 Lucy Kidwell	C	2.48.7 Sian Hicks	.	.	.	.	.	.	.
800m B	ll 2.42.9 Eleanor Tennant	.	.	.	.	.	.	.	.	.	.	.	.	.
1500m A	x 5-03.5 Rosa Prideaux	d	5-06.0 Ellie Drake	i	5-15.2 Lauren Ramsey	c	5-41.8 Shay Fitzpatrick	u	5-43.2 Georgia Gibbs	.	.	.	.	.
1500m B	ii 5-47.2 Olivia Mair	cc	5-57.9 Honor Crane	uu	6-09.8 Phoebe Whatoff	.	.	.	.	.	.	.	.	.
Sprint hds A	X 11.8 Moe Shaward	S	13.2 Abigail Frith	C	13.6 Isabel Duah	.	.	.	.	.	.	.	.	.
Sprint hds B	XX 12.9 Katie Ellis	.	.	.	.	.	.	.	.	.	.	.	.	.
4 x 100m	s 54.2 Southend	x	54.4 Chelmsford	c	55.9 Colchester & T	i	59.2 Ipswich Harriers	u	64.6 NVH	.	.	.	.	.
Highjump A	C 1.47 Hannah Lawrence	ll	1.35 Skye Ramsey	.	.	.	.	.	.	.	.	.	.	.
Highjump B	CC 1.30 Any Adefolasu	l	1.25 Christina Day	.	.	.	.	.	.	.	.	.	.	.
Longjump A	xx 4.64 Katie Ellis	c	4.42 Hanah Lawrence	ss	4.35 Lucy Shaw	ii	4.21 Chantelle Kilpatrick	d	4.12 Ellie Drake	u	3.83 Alison Church	.	.	.
Longjump B	x 4.41 Sian Coster	i	4.13 Rachel Ryan	s	4.07 Kerry McCrory	cc	4.07 Isabel Duah	uu	3.55 Phoebe Whatt	.	.	.	.	.
Shot A	i 9.58 Helena Coe	s	6.35 Tinashe Mutsure	x	4.45 Natasha Bird	c	3.36 Honor Crane	.	.	.	.	.	.	.
Shot B	ss 7.72 Abigail Frith	ii	7.06 Rachel Ryan	.	.	.	.	.	.	.	.	.	.	.
Discus A	i 25.45 Helena Coe	x	24.41 Maleen Avontuur	c	23.90 K Fitzpatrick	d	14.87 Katie Pursehouse	.	.	.	.	.	.	.
Discus B	cc 16.05 Isabel Duah	ii	8.82 Sophie Godbold	.	.	.	.	.	.	.	.	.	.	.
Hammer A	l 11.98 Skye Ramsey	.	.	.	.	.	.	.	.	.	.	.	.	.
Javelin A	cc 25.89 Kira Fitzpatrick	ii	18.12 Molliee Frost	x	i April Castle	.	.	.	.	.	.	.	.	.
Javelin B	i 16.71 Helena Coe	c	7.48 Sian Hicks	.	.	.	.	.	.	.	.	.	.	.

Scores							WASTE
I	X	U	S	C	D	-	
2	6		4	3	5		1
2	4		5	3	6		1
4	5	2	6	1	3		0
3	4	2	5	6			1
3	6	4		5			3
5	6		4	3			3
6							15
4	6	2		3	5		1
6		4		5			6
	6		5	4			6
	6						15
3	5	2	6	4			1
5				6			10
5				6			10
3	6	1	4	5	2		0
5	6	2	4	3			1
6	4		5	3			3
5			6				10
6	5			4	3		3
5				6			10
6							15
5	4			6			6
6				5			10

Age group Grand Totals - Track plus Field

Position in age group

Club letters

95	79	19	54	81	24	0	131
1	3	6	4	2	5		
I	X	U	S	C	D	-	

# Match - East Anglian League

Agegroup

Senior Women

Sheet 1

Ipswich

8/5/11

Points	1st	6	2nd	5	3rd	4	4th	3	5th	2	6th	1	7th	0
Events		First		Second		Third		Fourth		Fifth		Sixth		Seventh
100m A	i	12.9 Enya McCrory	s	13.0 Sian McCrory	c	13.1 Kundai Matringe	u	13.2 Georgie Ivens	s	13.5 Sian McCrory	.	.	.	.
100m B	cc	13.2 Lisa Crowhurst	ii	13.3 Megan Elsom	uu	13.4 Natasha Segal	ss	13.6 Leanne McCrory	dd	14.4 Lucy Hadingham	.	.	.	.
200m A	u	25.9 Georgie Ivens	d	26.8 Emily Pursehouse	i	26.9 Alex Leigh-Pearso	c	27.3 Kundai Matringe	s	27.4 Sian McCrory	.	.	.	.
200m B	ii	27.4 Emily Lambert	ss	29.7 Rachel Price	.	.	.	.	.	.	.	.	.	.
400m A	c	61.4 Helen Bloomfield	s	62.5 Latalie Woodhouse	i	65.8 Alex Leigh-Pearso	.	.	.	.	.	.	.	.
400m B	ii	69.0 Ruby Budd	.	.	.	.	.	.	.	.	.	.	.	.
300m U17 A	i	43.0 Emily Lambert	c	45.4 Lisa Crowhurst	d	46.9 Louise Stevens	s	47.6 Hayley Lamkin	.	.	.	.	.	.
300m U17 B	ii	44.8 Keeley Whittock	cc	46.8 Ella Darke	.	.	.	.	.	.	.	.	.	.
800m A	C	2.24.3 Helen Bloomfield	I	2.25.7 Lucy Barnes	X	2.31.4 Jessica Swan	S	2.40.7 Emily Crow	.	.	.	.	.	.
800m B	CC	2.2.9 Stacey Evers	XX	2.31.7 Laura O' Connor	II	2.40.0 Ruby Budd	SS	2.46.5 Chloe Williams	.	.	.	.	.	.
1500m A	i	5-11.0 Lucy Barnes	s	5-13.5 Sarah Imbush	d	6-42.7 Kirsty Palmer	.	.	.	.	.	.	.	.
1500m B	ss	5-14.1 Jordan Lacey	ii	6-02.1 Emma Burroughs	.	.	.	.	.	.	.	.	.	.
80m Hdls A	D	15.1 Louise Stevens	I	15.4 Elisabeth Lehkyj	.	.	.	.	.	.	.	.	.	.
80m hdls B	DD	17.6 Jazz Owen	.	.	.	.	.	.	.	.	.	.	.	.
100m hdls A	X	17.3 Evie Castle	I	20.0 Kerry Fuller	.	.	.	.	.	.	.	.	.	.
100m hdls B	.	.	.	.	.	.	.	.	.	.	.	.	.	.
4 x 100m	i	52.3 Ipswich Harriers	c	54.7 Colchester & T	s	55.6 Southend	d	57.8 Diss	x	58.6 Chelmsford	.	.	.	.

Total track events

Scores							WASTE
I	X	U	S	C	D	-	
6		3	5	4			3
5		4	3	6	2		1
4		6	2	3	5		1
6			5				10
4			5	6			6
6							15
6			3	5	4		3
6				5			10
5	4		3	6			3
4	5		3	6			3
6			5		4		6
5			6				10
5					6		10
					6		15
5	6						10
							21
6	2		4	5	3		1
79	17	13	44	46	30	0	128

# Match - East Anglian League

Age-group

Senior Women

Sheet 2

Ipswich

8/5/11

	First	Second	Third	Fourth	Fifth	Sixth	Seventh
<b>Highjump A</b>	I 1.60 Charlotte Shelley	U 1.40 Katie Robinson	.	.	.	.	.
<b>Highjump B</b>	II 1.40 Charla King	.	.	.	.	.	.
<b>Longjump A</b>	i 5.29 Charlotte Shelley	u 4.73 Katie Robinson	c 4.72 Helen Bloomfield	d 4.53 Louise Stevens	x 4.28 Evie Castle	s 4.09 Hayley Lamkin	.
<b>Longjump B</b>	ii 4.82 Bethany Clarke	dd 4.33 Emily Pursehouse	cc 4.07 Fran Keith	uu 4.06 Natasha Segal	ss 4.00 Rachel Price	xx 3.48 Jessica Swann	.
<b>Triplejump A</b>	I 10.59 Charlotte Shelley	C 9.29 Fran Keith	S 8.92 Emily Crow	D 7.92 Jazz Owen	.	.	.
<b>Triplejump B</b>	ss 7.43 Sarah Imbush	.	.	.	.	.	.
<b>Shot A</b>	x 10.57 Evie Castle	i 8.77 Kerry Fuller	d 6.86 Lucy Hadingham	s 5.42 Rachel Price	.	.	.
<b>Shot B</b>	x 8.42 Evie Castle	ii 6.97 Rosemary Aldous	.	.	.	.	.
<b>Discus A</b>	x 28.78 Debbie Castle	i 26.54 Kerry Fuller	d 18.60 Kirsty Palmer	c 16.12 Molly Ponty	s 12.01 Emily Crow	.	.
<b>Discus B</b>	xx 20.06 Hannah Castle	ii 18.35 Lucy Barnes	dd 12.80 Lucy Hadingham	cc 12.72 Ella Clarke	ss 7.85 Chloe Williams	.	.
<b>Hammer A</b>	X 27.66 Evie Castle	I 21.58 Rosemary Aldous	.	.	.	.	.
<b>Javelin A</b>	x 29.55 Evie Castle	i 28.41 Alice Robinson	c 20.52 Fran Keith	s 17.65 Hayley Lamkin	.	.	.
<b>Javelin B</b>	xx 22.65 Debbie Castle	cc 13.75 Molly Ponty	ii 12.05 Rosemary Aldous	ss 8.77 Sarah Imbush	.	.	.

Total Field events

I	X	U	S	C	D	-	WASTE
6		5					10
6							15
6	2	5	1	4	3		0
6	1	3	2	4	5		0
6			4	5	3		3
			6				15
5	6		3		4		3
5	6						10
5	6		2	3	4		1
5	6		2	3	4		1
5	6						10
5	6		3	4			3
4	6		3	5			3
64	45	13	26	28	23	0	74

Age group Grand Totals - Track plus Field

Position in age group

Club letters

143	62	26	70	74	53	0	202
1	4	6	3	2	5		
I	X	U	S	C	D	-	

# Match - East Anglian League

## Agegroup Under 13 Boys Ipswich 8/5/11

Points	1st	6	2nd	5	3rd	4	4th	3	5th	2	6th	1	7th	0
Events		First		Second		Third		Fourth		Fifth		Sixth		Seventh
100m A	i	13.3 Benson Craven	x	14.3 Bod Salam	c	15.2 William Page	d	15.9 Ben Charles	.	.	.	.	.	.
100m B	cc	14.7 Frank Longstaff	ii	14.8 Jamie Crocker	.	.	.	.	.	.	.	.	.	.
200m A	x	29.1 Liam Wright	c	29.9 Domanic Doherty	i	30.6 Jamie Crocker	.	.	.	.	.	.	.	.
200m B	xx	30.0 Bod Salam	ii	30.5 Jake Greenleaf	.	.	.	.	.	.	.	.	.	.
800m A	I	2.29.1 Henry Milldown	S	2.30.8 Brandon Thorpe	C	2.45.4 William Page	.	.	.	.	.	.	.	.
800m B	SS	2.31.6 Mitchell Cox	II	2.39.5 Louis Breyer	.	.	.	.	.	.	.	.	.	.
1500m A	x	5-15.8 Nathaniel Brearle	i	5-28.4 Christopher Jones	c	5-35.2 Domanic Doherty	d	6-40.2 Ben Charles	.	.	.	.	.	.
1500m B	xx	6-24.0 Callum Blanks	cc	7-24.7 Frank Longstaff	.	.	.	.	.	.	.	.	.	.
Sprint hds A	X	12.6 Joe Ellis	I	18.8 James Giddings	.	.	.	.	.	.	.	.	.	.
Sprint hds B	.	.	.	.	.	.	.	.	.	.	.	.	.	.
4 x 100m	x	58.9 Chelmsford	i	61.7 Ipswich Harriers	.	.	.	.	.	.	.	.	.	.
Highjump A	i	1.25 Christopher Jones	xx	1.25 Liam Wright	.	.	.	.	.	.	.	.	.	.
Highjump B	x	1.20 Joe Ellis	.	.	.	.	.	.	.	.	.	.	.	.
Longjump A	X	4.52 Liam Wright	I	4.43 Benson Craven	CC	4.00 Frank Longstaff	SS	3.54 Mitchell Cox	D	3.44 Ben Charles	.	.	.	.
Longjump B	II	3.98 Henry Milldown	C	3.89 William Page	S	3.42 Brandon Thorpe	XX	2.70 Robert Avontuur	.	.	.	.	.	.
Shot A	X	4.73 Robert Avontuur	I	4.49 Richard Lea	.	.	.	.	.	.	.	.	.	.
Shot B	II	3.95 Jake Greenleaf	.	.	.	.	.	.	.	.	.	.	.	.
Discus A	i	12.47 Joshua Richards	s	9.03 Brandon Thorpe	x	8.90 Robert Avontuur	.	.	.	.	.	.	.	.
Javelin A	i	13.49 Joshua Richards	.	.	.	.	.	.	.	.	.	.	.	.

Age group Grand Totals - Track plus Field

Position in age group

Club letters

Scores							WASTE
I	X	U	S	C	D	-	
6	5			4	3		3
5				6			10
4	6			5			6
5	6						10
6			5	4			6
5			6				10
5	6			4	3		3
	6			5			10
5	6						10
							21
5	6						10
5.5	5.5						10
	6						15
5	6		3	4	2		1
6	3		4	5			3
5	6						10
6							15
6	4		5				6
6							15

85.5	71.5	0	23	37	8	0	174
1	2		4	3	5		
I	X	U	S	C	D	-	

# Match - East Anglian league

Agegroup

Under 15 Boys

Sheet 1

Ipswich

8/5/11

Points	1st	6	2nd	5	3rd	4	4th	3	5th	2	6th	1	7th	0
Events		First		Second		Third		Fourth		Fifth		Sixth		Seventh
100m A	i	12.3 George Johnson	c	13.5 Thomas C.F	x	14.7 Andrew Fennell	s	15.8 James Nadin	.	.	.	.	.	.
100m B	cc	12.8 Dylan Ponty	ii	12.9 Jason King	ss	15.7 Joe Ray	.	.	.	.	.	.	.	.
200m A	i	25.3 George Johnson	c	28.4 Thomas C.F	x	31.5 Andrew Fennell	.	.	.	.	.	.	.	.
200m B	ii	26.8 Jason King	cc	27.1 Dylan Ponty	.	.	.	.	.	.	.	.	.	.
400m A	i	58.7 George Johnson	s	59.8 Blessing Mutazu	c	66.9 James Redman	u	72.9 Alex Guest	.	.	.	.	.	.
400m B	ii	62.2 Harry Harvey	ss	71.4 Zach Inwood	.	.	.	.	.	.	.	.	.	.
800m A	I	2.25.1 Theo Passmore	S	2.27.4 Adam Jordan	C	2.34.5 James Redman	U	2.54.0 Alex Guest	X	2.58.2 Andrew Fennell	.	.	.	.
800m B	SS	2.19.4 Ben Cockrill	II	3.03.9 Owen Giddings	.	.	.	.	.	.	.	.	.	.
1500m A	s	4-30.3 James Nadin	i	5-03.7 Richard Ling	x	5.09.8 Henry Blanks	.	.	.	.	.	.	.	.
1500m B	ss	4-54.5 Joe Ray	ii	5-14.6 James Bemrose	.	.	.	.	.	.	.	.	.	.
Sprint hds A	C	12.8 Thomas C.F	I	15.2 Jesse Duah	U	15.4 Matt Guest	.	.	.	.	.	.	.	.
Sprint hds B	CC	15.0 James Murrell	.	.	.	.	.	.	.	.	.	.	.	.
4 x 100m	i	52.5 Ipswich Harriers	s	54.5 Southend	x	61.1 Chelmsford	.	.	.	.	.	.	.	.

Total of Track events

Scores							WASTE
I	X	U	S	C	D	-	
6	4		3	5			3
5			4	6			6
6	4			5			6
6				5			10
6		3	5	4			3
6			5				10
6	2	3	5	4			1
5			6				10
5	4		6				6
5			6				10
5		4		6			6
				6			15
6	4		5				6
67	18	10	45	41	0	0	92



# Match - East Anglian league

## Age-group

## Under 15 Boys

## Sheet 2

## Ipswich

8.5.11

	First	Second	Third	Fourth	Fifth	Sixth	Seventh
<b>Highjump A</b>	i 1.60 Kasey Hagan	c 1.45 James Murrell	s 1.40 Blane Pearson	.	.	.	.
<b>Highjump B</b>	cc 1.40 James Redman	ii 1.25 Jesse Duah	.	.	.	.	.
<b>Longjump A</b>	i 5.03 Kasey Hagan	s 4.92 Blessing Mutazu	x 4.52 Matthew Kettleby	u 3.94 Matt Guest	.	.	.
<b>Longjump B</b>	ii 4.59 Richard Ling	ss 4.31 Blane Pearson	uu 3.80 Alex Guest	.	.	.	.
<b>Triplejump A</b>	ll 10.53 Kasey Hagan	S 9.69 James Nadin	U 9.14 Matt Guest	.	.	.	.
<b>Triplejump B</b>	l 9.75 Harry Harvey	SS 7.71 Joe Ray	.	.	.	.	.
<b>Shot A</b>	i 9.68 Marshall Childs	s 6.36 Zach Inwood	x 5.44 Sam Tregaskes	c 5.24 Luke Oscar	d 4.52 Shaun Palmer	.	.
<b>Shot B</b>	ii 5.30 Owen Giddings	ss 5.04 Adam Jordan	.	.	.	.	.
<b>Discus A</b>	s 21.68 Blessing Mutazu	c 19.95 Hayden Eyers	x 18.53 Sam Tregaskes	ii 13.10 0.00	d 11.24 Shaun Palmer	.	.
<b>Discus B</b>	ss 14.95 Zach Inwood	cc 11.16 Luke Oscar	.	.	.	.	.
<b>Hammer A</b>	l 14.05 Jason Strauss	.	.	.	.	.	.
<b>Javelin A</b>	ii 40.38 Marshall Childs	s 30.00 Blane Pearson	x 17.67 Sam Tregaskes	d 10.51 Shaun Palmer	.	.	.
<b>Javelin B</b>	i 21.21 James Hawkins	.	.	.	.	.	.

Total Field events

I	X	U	S	C	D	-	WASTE
6			4	5			6
5				6			10
6	4	3	5				3
6		4	5				6
6		4	5				6
6			5				10
6	4		5	3	2		1
6			5				10
3	4		6	5	2		1
			6	5			10
6							15
6	4		5		3		3
6							15
68	16	11	51	24	7	0	96

Age group Grand Totals - Track plus Field

Position in age group

Club letters

135	34	21	96	65	7	0	188
1	4	5	2	3	6		
I	X	U	S	C	D	-	

# Match - East Anglian league

## Agegroup Under 17 Men

## Sheet 1

Ipswich

8/5/11

Points	1st	6	2nd	5	3rd	4	4th	3	5th	2	6th	1	7th	0
Events	First		Second		Third		Fourth		Fifth		Sixth		Seventh	
100m A	x	11.3 Alex Woolnough	i	11.4 Tom Powell	c	11.6 Jack Hurst	s	11.9 Kyle Marshall	.	.	.	.	.	.
100m B	xx	11.8 an Luc Hammers	ii	12.3 Sebastian Lupton	ss	14.2 Jake Inwood	.	.	.	.	.	.	.	.
200m A	i	23.0 Matthew Constabl	c	23.5 Jack Hurst	x	23.6 Alex Woolnough	s	24.8 Kyle Marshall	.	.	.	.	.	.
200m B	ii	23.3 Tom Powell	xx	24.2 an Luc Hammers	cc	24.3 Micheal Porter	ss	24.7 Jon Kerridge	.	.	.	.	.	.
400m A	s	52.4 Jon Kerridge	c	53.6 Micheal Porter	x	54.3 George Wood	i	59.4 Sebastian Lupton	d	61.7 Jake Shea	.	.	.	.
400m B	ss	57.5 Tom Watson	xx	59.5 James Millard	ii	63.5 Toby Upson	.	.	.	.	.	.	.	.
800m A	C	2.02.8 Micheal Porter	S	2.08.4 Richard Stennett	I	2.20.5 Tobias Rankin	.	.	.	.	.	.	.	.
800m B	SS	2.08.8 Rob Frith	CC	2.11.7 Jim Thompson	II	2.25.3 Toby Upson	.	.	.	.	.	.	.	.
1500m A	i	4-15.2 Andrew Revell	s	4-16.8 KyriakidesAshley	.	.	.	.	.	.	.	.	.	.
1500m B	ss	4-29.2 Ashley Capel	ii	5-39.9 Ross Tennant	.	.	.	.	.	.	.	.	.	.
Sprint hds A	X	15.5 Oliver Carner	.	.	.	.	.	.	.	.	.	.	I	dnf Errol Thompson
Sprint hds B	II	18.5 Ben Fawcett	.	.	.	.	.	.	.	.	.	.	.	.
4 x 100m	i	47.2 Ipswich Harriers	x	47.5 Chelmsford	s	49.0 Southend	.	.	.	.	.	.	.	.

Total Track events

Scores							WASTE
I	X	U	S	C	D	-	
5	6		3	4			3
5	6		4				6
6	4		3	5			3
6	5		3	4			3
3	4		6	5	2		1
4	5		6				6
4			5	6			6
4			6	5			6
6			5				10
5			6				10
0	6						15
6							15
6	5		4				6
60	41	0	51	29	2	0	90

# Match - East Anglian league

Agegroup Under 17 Men

Sheet 2

Ipswich

8/5/11

		First		Second		Third		Fourth		Fifth		Sixth		Seventh
Highjump A	x	1.85 Max Paulin	i	1.70 Errol Thompson	s	1.60 Richard Stennett	c	1.25 Jim Thompson	.	.	.	.	.	.
Highjump B	xx	1.75 an Luc Hammers	ii	1.50 Saul Allerton	ss	1.40 Rob Frith	.	.	.	.	.	.	.	.
Longjump A	XX	5.74 Max Paulin	I	5.58 Ben Fawcett	S	4.61 Rob Frith	.	.	.	.	.	.	.	.
Longjump B	II	5.41 Errol Thompson	SS	4.26 Ashley Capel	.	.	.	.	.	.	.	.	.	.
Triplejump A	x	10.97 James Millard	i	10.65 Ben Fawcett	s	10.36 Richard Stennett	d	9.71 Jake Shea	c	9.60 Jim Thompson	.	.	.	.
Triplejump B	xx	10.10 Oliver Garner	ss	10.07 Tom Watson	ii	8.00 Toby Upson	.	.	.	.	.	.	.	.
Shot A	x	10.23 Alex Woolnough	s	9.78 Kyle Marshall	ii	9.58 Theo Moore	.	.	.	.	.	.	.	.
Shot B	xx	9.66 Max Paulin	i	9.40 Paul Roberts	ss	8.89 Tom Metcalf	.	.	.	.	.	.	.	.
Discus A	ii	28.07 Paul Roberts	s	20.07 Jon Kerridge	x	19.44 George Wood	.	.	.	.	.	.	.	.
Discus B	i	22.73 Theo Moore	xx	17.99 Oliver Garner	.	.	.	.	.	.	.	.	.	.
Hammer A	I	31.89 Theo Moore	S	19.68 Jake Inwood	.	.	.	.	.	.	.	.	.	.
Javelin A	i	40.95 Paul Roberts	s	38.65 Tom Metcalf	d	38.51 Jake Shea	cc	23.20 Jack Hurst	x	14.75 George Wood	.	.	.	.
Javelin B	ss	27.02 Oliver Kyriakides	ii	24.56 Sebastian Lupton	.	.	.	.	.	.	.	.	.	.

Total Field events

I	X	U	S	C	D	-	WASTE
5	6		4	3			3
5	6		4				6
5	6		4				6
6			5				10
5	6		4	2	3		1
4	6		5				6
4	6		5				6
5	6		4				6
6	4		5				6
6	5						10
6			5				10
6	2		5	3	4		1
5			6				10
68	53	0	56	8	7	0	81

Age group Grand Totals - Track plus Field

Position in age group

Club letters

128	94	0	107	37	9	0	171
1	3		2	4	5		
I	X	U	S	C	D	-	

# Match - East Anglian league

## Age-group Senior Men Sheet 1 Ipswich 8/5/11

Points	1st	6	2nd	5	3rd	4	4th	3	5th	2	6th	1	7th	0
Events		First		Second		Third		Fourth		Fifth		Sixth		Seventh
100m A	I	11.6 Leon Holmes	X	11.8 Rene Driver	U	11.8 James Thomas	S	11.9 Greg Goodrum	D	12.7 Gordon Coe	C	12.9 Andrew Todd	.	.
100m B	XX	11.6 Ben Clark	II	11.7 Rob Graham	UU	11.9 Adam Caress	.	.	.	.	.	.	.	.
200m A	U	23.3 J Thomas	S	23.6 Kevin Brown	I	24.6 Tim Byford	C	26.0 Andrew Todd	.	.	.	.	.	.
200m B	SS	25.0 Greg Goodrum	II	25.2 Neil Gillingham	.	.	.	.	.	.	.	.	.	.
400m A	S	53.5 Kevin Brown	I	55.6 Anthony Kitterma	U	57.0 Lloyd Kempson	D	68.9 B Palmer	.	.	.	.	.	.
400m B	II	54.0 Tim Byford	SS	55.4 Greg Goodrum	UU	58.7 David Desa	.	.	.	.	.	.	.	.
800m A	C	2.02.4 Lloyd Heard	I	2.08.8 Tim Byford	U	2.14.3 David Desa	.	.	.	.	.	.	.	.
800m B	II	2.11.2 Ross Fawcett	.	.	.	.	.	.	.	.	.	.	.	.
3000m A	UU	9-26.3 Sam Hunt	II	9-47.9 Ross Fawcett	.	.	.	.	.	.	.	.	.	.
3000m B	I	9-55.3 Simon Gardiner	U	10-48.5 Oliver Slator	.	.	.	.	.	.	.	.	.	.
Sprint hdls A	X	15.6 Bradley Reed	S	17.3 Greg Goodrum	I	24.3 Anthony Kitterma	.	.	.	.	.	.	.	.
Sprint hdls B	.	.	.	.	.	.	.	.	.	.	.	.	.	.
4 x 100m	I	48.9 Ipswich Harriers	.	.	.	.	.	.	.	.	.	.	.	.

Total of Track events

Scores							WASTE
I	X	U	S	C	D	-	
6	5	4	3	1	2		0
5	6	4					6
4		6	5	3			3
5			6				10
5		4	6		3		3
6		4	5				6
5		4		6			6
6							15
5		6					10
6		5					10
4	6		5				6
							21
6							15
63	17	37	30	10	5	0	111

# Match - East Anglian league

Age-group

Senior Men Sheet 2

Ipswich

8/5/11

		First		Second		Third		Fourth		Fifth		Sixth		Seventh
Highjump A	X	1.85 Ben Clark	I	1.70 Anthony Kitterma	S	1.70 Greg Goodrem	D	1.60 Gordon Coe	.	.	.	.	.	.
Highjump B	XX	1.50 Bradley Reed	DD	1.25 Craig Palmer	II	1.25 Neil Gillingham	.	.	.	.	.	.	.	.
Longjump A	X	6.76 Ben Clark	S	5.94 Greg Goodrum	I	5.42 Ben Higgins	U	4.25 Simon Tunnoch	D	3.72 C Palmer	.	.	.	.
Longjump B	XX	5.50 Rene Driver	II	5.40 Simon Gardiner	UU	3.06 Andy Caress	.	.	.	.	.	.	.	.
Triplejump A	I	13.17 Rob Graham	SS	13.09 Kevin Brown	U	8.50 Simon Tunnoch	.	.	.	.	.	.	.	.
Triplejump B	S	11.02 Greg Goodrum	II	9.51 Kieran Williams	UU	8.34 Oli Slater	.	.	.	.	.	.	.	.
Shot A	U	12.36 Simon Achurch	I	12.36 Joe Bloomfield	D	10.56 G Coe	S	7.90 Greg Goodrum	C	4.41 R Kimber	.	.	.	.
Shot B	II	9.05 Ben Higgins	DD	8.09 B Palmer	UU	5.19 Andy Caress	.	.	.	.	.	.	.	.
Discus A	I	41.19 Joe Bloomfield	U	31.15 Simon Achurch	D	26.63 Gordon Coe	XX	25.19 Ben Clark	SS	17.89 0.00	.	.	.	.
Discus B	UU	21.71 Simon Tunnoch	II	21.14 Ben Higgins	X	15.82 Bradley Reed	DD	14.44 Craig Palmer	.	.	.	.	.	.
Hammer A	U	44.06 Simon Achurch	I	43.43 Malcolm Fenton	D	15.95 Barry Palmer	S	14.14 Greg Goodrum	.	.	.	.	.	.
Javelin A	I	56.33 Paul Dowding	U	44.53 Simon Achurch	X	31.78 Renee Driver	D	15.73 Craig Palmer	.	.	.	.	.	.
Javelin B	II	34.68 Ben Higgins	UU	10.94 James Thomas	.	.	.	.	.	.	.	.	.	.

Total Field events

I	X	U	S	C	D	-	WASTE
5	6		4		3		3
4	6				5		6
4	6	3	5		2		1
5	6	4					6
6		4	5				6
5		4	6				6
5		6	3	2	4		1
6		4			5		6
6	3	5	2		4		1
5	4	6			3		3
5		6	3		4		3
6	4	5			3		3
6		5					10
68	35	52	28	2	33	0	55

Age group Grand Totals - Track plus Field

Position in age group

Club letters

131	52	89	58	12	38	0	166
1	4	2	3	6	5		
I	X	U	S	C	D	-	