

SUFFOLK WINTER CROSS COUNTRY LEAGUE 2014/15

WOODBIDGE (SUTTON) SENIORS

O/L	POSITION		POINTS		TIME	RUNNER		CLUB	INDIVIDUAL	
	M	F	M	F		NAME	CAT		POS	
1	1		250		29.53	Andrew Rooke	IH	M	20	1
2	2		249		30.15	Dominic Oliver	LRR	M	17	1
3	3		248		31.01	Ryan Ostler	I&NT	M	20	2
4	4		247		31.33	Samuel Cheverton	LRR	M	20	3
5	5		246		31.46	Robert Chenery	BBD	M	20	4
6	6		245		31.57	Theo Passmore	IH	M	17	2
7	7		244		32.11	Carl Prewer	LRR	M	40	1
8	8		243		32.43	Roger Stone	FRR	M	45	1
9	9		242		32.54	Andrew Bell	HRC	M	20	5
10	10		241		32.57	Tom White	SEP	M	20	6
11	11		240		32.58	Marcus Sladden	BBD	M	20	7
12	12		239		33.00	Nick Smith	SEP	M	20	8
13	13		238		33.12	Jim Last	FSS	M	20	9
14	14		237		33.18	Kevin Vaughan	TAC	M	50	1
15	15		236		33.23	Darren Shepard	FSS	M	40	2
16	16		235		33.29	Adam Howlett	FSS	M	40	3
17	17		234		33.32	Danny Preece	SS	M	20	10
18	18		233		33.34	Robert Cheverton	LRR	M	55	1
19	19		232		33.41	Keith Marten	WSW	M	20	11
20	20		231		33.43	Dale Mandell	SS	M	20	12
21	21		230		34.04	Kevin Peirce	IH	M	40	4
22	22		229		34.11	Samuel Burdett	SS	M	17	3
23	23		228		34.13	Matt Shingleton	WSW	M	40	5
24	24		227		34.15	Chris Morton	SS	M	17	4
25	25		226		34.19	Martin Wilson	SS	M	20	13
26	26		225		34.22	Joshua Thompson	IH	M	17	5
27	27		224		34.24	Paul Lyon	LRR	M	20	14
28	28		223		34.33	Julian Long	SEP	M	40	6
29	29		222		34.42	Martin Lawrence	HRC	M	50	2
30	30		221		35.03	Tom Challenor	N&S	M	20	15
31	31		220		35.07	David Solomon	FRR	M	45	2
32	32		219		35.11	Jason Allard	SS	M	40	7
33	33		218		35.14	Leigh Butcher	LRR	M	20	16
34	34		217		35.36	Mark Hayward	SS	M	20	17
35	35		216		35.40	Vince Calver	FRR	M	40	8
36	36		215		35.42	Andy Buck	N&S	M	50	3
37	37		214		35.43	Mark Watts	SEP	M	50	4
38	38		213		35.52	Nick Hammond	SS	M	40	9
39	39		212		35.57	Chris Haylock	LRR	M	40	10
40	40		211		35.59	Paul Nickells	FSS	M	50	5
41	41		210		36.11	Richard Aukland	WVAC	M	40	11
42	42		209		36.12	Chris Mower	WSW	M	20	18
43	43		208		36.13	Ben Churchman	DAC	M	20	19
44	44		207		36.13	Simon Phillips	SEP	M	40	12
45	45		206		36.14	Benn Walker	BBH	M	17	6
46	46		205		36.18	Tim Larke	SS	M	40	13
47	47		204		36.21	Dan Kinsman	FSS	M	40	14
48	48		203		36.23	Graham Watering	WVAC	M	40	15
49	49		202		36.28	Dalton Coe	IH	M	20	20
50	50		201		36.29	Ben Cuthbert	N&S	M	20	21
51	51		200		36.34	Scott Williams	SS	M	20	22
52		1		150	36.35	Maureen McCarthy	WSAC	F	50	1

53	52	199		36.37	Steve Hughes	SS	M	50	6
54	53	198		36.44	Martin Archer	I&NT	M	50	7
55	54	197		36.48	Eugene Husband	I&NT	M	40	16
56	55	196		36.49	Calum Dolan	FRR	M	17	7
57	56	195		36.50	Malcolm Penn	N&S	M	55	2
58	57	194		36.57	Chris Starmer	SS	M	55	3
59	58	193		37.02	Shaun Lark	LRR	M	20	23
60			2	37.03	Lynn Emmett	BBH	F	45	1
61	59	192		37.16	Pete Williams	I&NT	M	50	8
62	60	191		37.19	Steven Brooke	FRR	M	45	3
63	61	190		37.20	Adrian Peake	I&NT	M	45	4
64	62	189		37.21	Joshua Sugars	IH	M	17	8
65	63	188		37.27	Dan Clapton	I&NT	M	20	24
66	64	187		37.32	Daniel Jones	IH	M	20	25
67	65	186		37.35	Robin Harper	FRR	M	20	26
68	66	185		37.37	Tom Creswell	N&S	M	20	27
69	67	184		37.39	Charles Hill	FSS	M	45	5
70	68	183		37.50	Lee Cousens	WVAC	M	45	6
71	69	182		37.59	Peter Woods	SS	M	20	28
72	70	181		38.09	Graham Coulter	FSS	M	40	17
73	71	180		38.18	Steve Curran	FSS	M	50	9
74	72	179		38.19	Neil Gillingham	IH	M	20	29
75	73	178		38.21	Cliff Bailey	TAC	M	50	10
76	74	177		38.22	Gareth Southgate	SS	M	40	18
77			3	38.25	Jayne Williams	I&NT	F	40	1
78	75	176		38.27	Howard Revel	FSS	M	50	11
79	76	175		38.28	Shaun Jones	SS	M	20	30
80	77	174		38.29	Steve Garvie	FSS	M	40	19
81	78	173		38.37	Darren Sharman	WSW	M	20	31
82	79	172		38.38	Peter Bird	SEP	M	40	20
83	80	171		38.41	Marcus Nicholls	BBD	M	20	32
84	81	170		38.43	James Hayward	SS	M	20	33
85	82	169		38.43	Mark Ramsey	IH	M	40	21
86	83	168		38.45	Rob McKenzie	FSS	M	50	12
87	84	167		38.48	Roger Ackerley	FSS	M	55	4
88	85	166		38.52	Bryan Rootes	HRC	M	45	7
89	86	165		38.55	Mark Ford	FRR	M	45	8
90	87	164		39.03	Sean Kennedy	FSS	M	20	34
91	88	163		39.04	Stephen Hatten	SEP	M	45	9
92	89	162		39.08	Ker Macrosson	SS	M	60	1
93	90	161		39.10	Tim Earl	WVAC	M	20	35
94			4	39.14	Mary Bird	FSS	F	20	1
95	91	160		39.15	Paul Sullivan	WVAC	M	45	10
96	92	159		39.18	John Squirrell	SS	M	60	2
97	93	158		39.19	James Cousins	WVAC	M	20	36
98			5	39.19	Lauren Howe	BBH	F	17	1
99	94	157		39.21	Steve Murton	WSW	M	45	11
100	95	156		39.26	Bill Kingaby	WVAC	M	60	3
101	96	155		39.41	Chris Sugars	IH	M	40	22
102	97	154		39.50	Glen Curtis	I&NT	M	20	37
103	98	153		39.59	Kenny Tovell	FSS	M	45	12
104			6	40.03	Michelle Gordon	FRR	F	20	2
105			7	40.08	Hannah McInroy	WSW	F	20	3
106	99	152		40.09	Gary McDonald	LRR	M	20	38
107	100	151		40.13	Paul Snowdon	IH	M	45	13
108	101	150		40.15	Stephen Dixon	FSS	M	50	13
109			8	40.18	Karen Archbold	LRR	F	45	2
110			9	40.21	Laura Hicks	SS	F	20	4

111	102	149	40.24	Neville Clarke	N&S	M	60	4	
112	103	148	40.24	Tony Cante	TAC	M	55	5	
113	104	147	40.30	Tom Hunnisett	FSS	M	17	9	
114	105	146	40.30	Dave Vaughan	SEP	M	60	5	
115	106	145	40.31	Will Aldred	FSS	M	40	23	
116	107	144	40.33	Karl Wright	TAC	M	20	39	
117		10	141	40.34	Parris Williams	I&NT	F	20	5
118	108	143	40.35	Paul Henderson	FSS	M	45	14	
119		11	140	40.36	Siobhan Dockerill	HRC	F	20	6
120	109	142	40.37	Ivan Layzell	HRC	M	45	15	
121	110	141	40.40	Wayne Freeman	WVAC	M	55	6	
122	111	140	40.45	Ray Reeves	WSW	M	45	16	
123	112	139	40.48	Neal Bassett	SS	M	20	40	
124		12	139	40.51	Sian-Marie Lucas	HRC	F	20	7
125		13	138	41.01	Karine Ferrin	N&S	F	40	2
126	113	138	41.02	Jamie Randall	HRC	M	45	17	
127	114	137	41.06	Steven Rue	SEP	M	60	6	
128	115	136	41.23	Simon Tinkler	FSS	M	40	24	
129	116	135	41.29	Peter Andrews	WVAC	M	40	25	
130		14	137	41.38	Emily Gooderham	SEP	F	17	2
131	117	134	41.43	Lee Goddard	SS	M	40	26	
132	118	133	41.47	John White	BBH	M	50	14	
133	119	132	41.51	Clive Purbrooke	N&S	M	55	7	
134		15	136	41.51	Tara Darrall	DAC	F	40	3
135	120	131	41.52	Paul Wigans	FSS	M	55	8	
136	121	130	41.53	Ian Duggan	FRR	M	45	18	
137	122	129	41.56	Dan Jones	HRC	M	20	41	
138	123	128	41.59	David Mower	WVAC	M	60	7	
139	124	127	42.01	Steve Hicks	IH	M	50	15	
140	125	126	42.06	Jake Church	FSS	M	17	10	
141	126	125	42.18	Oliver Minns	IH	M	20	42	
142	127	124	42.26	David Bordham	FSS	M	60	8	
143	128	123	42.36	Matt Evaleigh	SS	M	20	43	
144	129	122	42.41	Simon Hedge	FRR	M	45	19	
145	130	121	42.46	Brian Munns	N&S	M	50	16	
146	131	120	42.55	Chris Ridgeon	WSW	M	60	9	
147	132	119	43.06	Mark Elflett	LRR	M	50	17	
148	133	118	43.08	Stephen Williams	SEP	M	60	10	
149	134	117	43.10	Ian Kennedy	FSS	M	50	18	
150	135	116	43.10	Mark Sargeantson	FSS	M	60	11	
151	136	115	43.11	Steve Gibbs	WVAC	M	50	19	
152	137	114	43.15	Stephen Reyes	HRC	M	45	20	
153	138	113	43.20	Adrian Hine	FRR	M	50	20	
154		16	135	43.21	Eloise Mann	WVAC	F	40	4
155	139	112	43.27	Charles Shoolbred	N&S	M	65	1	
156	140	111	43.30	Graham Dixon	HRC	M	20	44	
157	141	110	43.32	Patrick McGovern	I&NT	M	40	27	
158		17	134	43.34	Kirstie Gladwell	FSS	F	20	8
159	142	109	43.37	Paul Rayner	TAC	M	50	21	
160		18	133	43.41	Claire Barstow	FSS	F	35	1
161	143	108	43.44	Gavin Milne	WSW	M	45	21	
162		19	132	Lizzie Sandford	N&S	F	45	3	
163		20	131	Louise Goddard	SS	F	40	5	
164		21	130	Diane Hughes	SS	F	50	2	
165		22	129	Katie Margaron	SEP	F	20	9	
166	144	107	43.58	Bill Banner	HRC	M	45	22	
167	145	106	44.15	Duncan Henry	HRC	M	40	28	
168		23	128	44.30	Sarah Maidment	BBD	F	35	2

169	146	105	44.31	Chris Howland	FRR	M	50	22	
170	147	104	44.36	Paul Osborne	FRR	M	20	45	
171	148	103	44.45	Vladimir Laptikhovsky	WVAC	M	50	23	
172	149	102	44.47	Bob Paul	BBD	M	60	12	
173	150	101	44.52	Simon Green	I&NT	M	55	9	
174	151	100	45.00	David Inder	FRR	M	45	23	
175	152	99	45.02	Ian Mace	FSS	M	55	10	
176	153	98	45.05	Julian Colman	WSW	M	50	24	
177	154	97	45.08	Jonathan Price	N&S	M	60	13	
178		24	127	45.12	Caren Elvin	WVAC	F	40	6
179	155	96	45.15	Bruce Rayner	BBD	M	55	11	
180	156	95	45.18	Jeremy Smith	IH	M	45	24	
181	157	94	45.23	Dave Coley	I&NT	M	65	2	
182	158	93	45.25	Joe Mayne	WVAC	M	45	25	
183	159	92	45.30	Tristan Gladwell	FSS	M	20	46	
184	160	91	45.35	Gary Hutchings	FSS	M	50	25	
185		25	126	45.36	Rachel Fiddy	I&NT	F	35	3
186		26	125	45.40	Julia Baldwin	SS	F	40	7
187		27	124	45.41	Samantha Wing	TAC	F	20	10
188	161	90	45.46	Brian Wright	TAC	M	60	14	
189	162	89	45.49	Ben Solway	FSS	M	45	26	
190		28	123	45.50	Lisa Joyce	WVAC	F	40	8
191	163	88	45.51	John Nevin	HRC	M	60	15	
192		29	122	45.54	Jo Parden	FSS	F	45	4
193		30	121	45.58	Lisa Riley	LRR	F	45	5
194		31	120	45.59	Virginia Bird	FSS	F	50	3
195	164	87	46.04	David Taylor	FSS	M	65	3	
196	165	86	46.20	Gary Clark	I&NT	M	45	27	
197	166	85	46.22	Stuart Shepherd	HRC	M	40	29	
198	167	84	46.24	Gary Dickinson	I&NT	M	45	28	
199	168	83	46.27	Alan Huggins	DAC	M	20	47	
200	169	82	46.30	David Daniels	SS	M	50	26	
201	170	81	46.39	Mel Snare	FSS	M	40	30	
202		32	119	46.45	Sandra Webb	SEP	F	40	9
203	171	80	46.47	William Burdett	SS	M	50	27	
204		33	118	46.51	Jayne Wright	FSS	F	20	11
205		34	117	46.53	Bobbie Sauerzapf	BBD	F	55	1
206		35	116	46.55	Kirsty Thorndyke	IH	F	20	12
207	172	79	47.00	Dean Hearn	SS	M	45	29	
208		36	115	47.03	Sandra Mayhew	SS	F	50	4
209	173	78	47.10	Graham Bush	FSS	M	65	4	
210	174	77	47.15	Rob Knights	WVAC	M	20	48	
211		37	114	47.24	Leanne Thorndyke	IH	F	20	13
212	175	76	47.25	Paul McAllister	I&NT	M	45	30	
213	176	75	47.26	Darren Sands	FSS	M	20	49	
214	177	74	47.35	Richard Smith	FRR	M	55	12	
215		38	113	47.38	Marion Walker	FSS	F	60	1
216		39	112	47.41	Kate Harman	I&NT	F	20	14
217		40	111	47.44	Belinda Schofield	N&S	F	55	2
218		41	110	47.55	Alex Smith	SS	F	40	10
219	178	73	48.01	Graham Sampson	BBD	M	65	5	
220		42	109	48.01	Dierdra Keating	SS	F	45	6
221		43	108	48.04	Elayne Hilton	LRR	F	45	7
222	179	72	48.07	Peter Russell	FSS	M	60	16	
223		44	107	48.19	Jayne Burman	FRR	F	20	15
224		45	106	48.24	Rebecca Clare	FSS	F	45	8
225	180	71	48.35	Keith Borrett	SS	M	60	17	
226	181	70	48.36	Jim Withers	N&S	M	60	18	

227		46	105	48.52 Sarah Coulter	FSS	F	45	9
228		47	104	48.57 Sue Wright	BBD	F	45	10
229		48	103	49.01 Debbie Chappell	FSS	F	45	11
230		49	102	49.05 Emma Day	FRR	F	20	16
231	182		69	49.12 Peter Gay	SS	M	70	1
232		50	101	49.13 Jenny Thomas	FSS	F	40	11
233	183		68	49.15 Don Tiffin	BBD	M	65	6
234		51	100	49.22 Mel Roberts	FSS	F	55	3
235		52	99	49.23 Mandy Godbold	IH	F	45	12
236	184		67	49.42 Malcolm Osbourn	N&S	M	65	7
237		53	98	49.43 Lindsay Wharam	FSS	F	40	12
238		54	97	49.45 Helen Wass	N&S	F	45	13
239		55	96	49.51 Clare Bailie	SS	F	35	4
240	185		66	49.56 Tony Fuller	IH	M	55	13
241		56	95	50.03 Jennifer Devaney	SS	F	35	5
242		57	94	50.04 Becky Jack	SS	F	40	13
243	186		65	50.09 Chris Lucas	FSS	M	50	28
244	187		64	50.24 Dave Greenham	HRC	M	60	19
245	188		63	50.39 Iain Hunter	SS	M	55	14
246	189		62	50.50 Keelan Smith	FSS	M	20	50
247		58	93	50.51 Sarah Vick	FSS	F	45	14
248		59	92	50.52 Pip Dyer	I&NT	F	20	17
249		60	91	50.54 Alison French	FRR	F	40	14
250		61	90	50.56 Jill Wilshaw	WSW	F	60	2
251		62	89	51.15 Christine Muttitt	BBD	F	65	1
252		63	88	51.34 Rita Rue	SEP	F	50	5
253		64	87	51.39 Judy Potter	BBH	F	65	2
254		65	86	51.40 Miki Bloomfield	FSS	F	40	15
255		66	85	51.48 Kate Stannett	I&NT	F	50	6
256	190		61	52.02 Charlie Stannett	I&NT	M	55	15
257	191		60	52.05 James Briggs	HRC	M	45	31
258	192		59	52.13 Will Schwer	FRR	M	20	51
259	193		58	52.19 Chris Aylmer	N&S	M	60	20
260	194		57	52.20 Stuart Smith	WVAC	M	55	16
261		67	84	52.34 Suzy Knights	WVAC	F	35	6
262	195		56	52.36 Steven Mowles	FRR	M	45	32
263	196		55	52.37 David Cox	SS	M	50	29
264	197		54	53.02 Colin Whale	BBD	M	50	30
265		68	83	53.02 Vivienne Taylor	FSS	F	60	3
266		69	82	53.05 Eloise Bird	SEP	F	45	15
267		70	81	53.07 Jo Whelan	FRR	F	50	7
268		71	80	53.20 Cara Maycock	BBD	F	55	4
269		72	79	53.49 Marta Assuncao	LRR	F	40	16
270		73	78	53.52 Tony Millett	WVAC	F	60	4
271	198		53	54.06 Julian Wiseman	FSS	M	55	17
272		74	77	54.28 Sarah Mark	FSS	F	40	17
273		75	76	54.43 Annabel Bennett	FRR	F	50	8
274		76	75	54.44 Moira Pinkney	I&NT	F	60	5
275		77	74	55.13 Dawn Dixon	HRC	F	35	7
276		78	73	56.02 Stevie Harrison	SS	F	40	18
277		79	72	57.00 Karen Waters	BBD	F	45	16
278	199		52	57.04 David Mayes	FRR	M	20	52
279		80	71	57.38 Alyson Limpkin-Challis	FRR	F	45	17
280		81	70	57.44 Amanda Freemantle	HRC	F	35	8
281		82	69	57.52 Marianne Hedge	FRR	F	40	19
282		83	68	58.52 Annette Huggins	FSS	F	60	6
283		84	67	59.59 Kat Ross	N&S	F	20	18
284		85	66	60.53 Jean Cox	FSS	F	70	1

285		86	65	62.04 Tina Church	FSS	F	40	20
286		87	64	62.52 Susannah Rosenberg	I&NT	F	50	9
287		88	63	64.00 Angela Burdett	SS	F	45	18
288		89	62	64.01 Jenny Osbourn	N&S	F	65	3
289	200		51	64.57 Richard Farnworth	FRR	M	60	21
290	201		50	65.29 Andy Stanhope	FRR	M	50	31
291		90	61	68.28 Christine Gay	SS	F	60	7

SENIOR TEAM RESULTS 2014-2015

COMBINED

TEAM	FRAM	WOOD	STOW	BUNG	BURY	TOTAL
1 SS A	1927	1986				3913
2 LRR	1891	1999				3890
3 SEP A	1971	1844				3815
4 IH A	1919	1857				3776
5 FSS A	1794	1903				3697
6 FRR A	1891	1771				3662
7 SS B	1604	1720				3324
8 N&S A	1585	1679				3264
9 I&NT A	1437	1782				3219
10 WVAC A	1543	1616				3159
11 HRC A	1649	1506				3155
12 BBD A	1722	1345				3067
13 FSS B	1451	1542				2993
14 WSW	1300	1493				2793
15 FSS C	1233	1302				2535
16 SS C	1133	1362				2495
17 FRR B	1443	996				2439
18 IH B	1151	1001				2152
19 SEP B	1350	571				1921
20 FSS D	852	1032				1884
21 WVAC B	863	954				1817
22 I&NT B	737	901				1638
23 TAC	577	1030				1607
24 BBH	860	721				1581
25 N&S B	762	751				1513
26 SS D	649	729				1378
27 HRC B	676	691				1367
28 BBD B	957	295				1252
29 FRR C	703	408				1111
30 SEP C	864	0				864
31 WSAC	0	150				150
32 DAC	89	0				89

WOMEN

TEAM	FRAM	WOOD	STOW	BUNG	BURY	TOTAL
1 SS A	403	403				806
2 BBH	418	382				800
3 WVAC A	412	385				797
4 SEP A	409	385				794
5 N&S A	407	381				788
6 I&NT A	368	415				783
7 FSS A	352	414				766
8 HRC A	411	353				764
9 FRR A	379	354				733
10 SS B	375	350				725
11 BBD A	353	349				702
12 LRR	306	372				678
13 FSS B	310	360				670
14 WSW	374	234				608
15 FSS C	273	324				597
16 SS C	297	300				597
17 I&NT B	296	289				585
18 IH A	238	329				567
19 FSS D	242	304				546
20 FRR B	273	248				521
21 BBD B	276	241				517
22 N&S B	274	226				500
23 SS D	144	230				374
24 WVAC B	212	162				374
25 HRC B	301	70				371
26 SEP B	189	170				359
27 FRR C	188	140				328
28 TAC	141	124				265
29 WSAC	0	150				150
30 DAC	0	0				0
31 IH B	0	0				0
32 SEP C	0	0				0

MEN

TEAM	FRAM	WOOD	STOW	BUNG	BURY	TOTAL
1 LRR	1585	1627				3212
2 IH A	1681	1528				3209
3 SS A	1524	1583				3107
4 SEP A	1562	1459				3021
5 FSS A	1442	1489				2931
6 FRR A	1512	1417				2929
7 SS B	1229	1370				2599
8 N&S A	1178	1298				2476
9 I&NT A	1069	1367				2436
10 HRC A	1238	1153				2391
11 BBD A	1369	996				2365
12 WVAC A	1131	1231				2362
13 FSS B	1141	1182				2323
14 WSW	926	1259				2185
15 IH B	1151	1001				2152
16 FSS C	960	978				1938
17 FRR B	1170	748				1918
18 SS C	836	1062				1898
19 SEP B	1161	401				1562
20 WVAC B	651	792				1443
21 TAC	436	906				1342
22 FSS D	610	728				1338
23 I&NT B	441	612				1053
24 N&S B	488	525				1013
25 SS D	505	499				1004
26 HRC B	375	621				996
27 SEP C	864	0				864
28 FRR C	515	268				783
29 BBH	442	339				781
30 BBD B	681	54				735
31 DAC	89	0				89
32 WSAC	0	0				0