

The final round of the Eastern Young Athletes League took place at the Garrison stadium in Colchester with Harriers having a great chance to reach the final at Stevenage. There was a reasonable turnout considering we were in the middle of the holiday season. In fact the Under 17 squad were boosted by the efforts of Tom Powell, Leon Holmes and Jessica Crissell who turned up in the afternoon after running in an invitational event at the Bedford International Games that morning. In the end, Harriers came 3<sup>rd</sup> behind Havering and Mayesbrook, with a strong Bedford team coming 2<sup>nd</sup>.

The U13 boys again consisted of two boys, Benson Craven and debutant Richard Ling. Craven turned in two PBs finishing 4<sup>th</sup> in the 100 with 13.7 and 3<sup>rd</sup> in the 200 with 28.6 but winning the Long Jump with 4.30. Ling managed a creditable time of 2.48 gaining 4<sup>th</sup> place in the 800 in his first experience of competition. He then helped the team gain more points by coming 5<sup>th</sup> in the Long Jump with 3.42.

The U13 girls had enough for a relay team and showed their versatility in covering a range of events. None showed this more than Elise Morey who won the shot with 5.61, came 2<sup>nd</sup> in the B 800 and 6<sup>th</sup> in the High Jump. Chloe Godbold got a PB of 3.70 in the Long Jump, finished 2<sup>nd</sup> in the 1500 with 5.46 and then 5<sup>th</sup> in the A 100. Chantelle Kilpatrick came 2<sup>nd</sup> in her 100m with 14.6, and 6<sup>th</sup> in the Long Jump and 200m. Lucy Peake came 3<sup>rd</sup> in the shot and gained valuable points in the 200 and 800m before helping out the relay squad to 5<sup>th</sup>.

The U15 boys just failed to win their section coming 2<sup>nd</sup> to Bedford. They were given a great start with victories in the A and B 100m by Wesley Doyle and George Johnson. The highlight was superb performances in the 1500 by Bradley Wattleworth and Ross Tenant both winning their races in times of 4.30 and 4.36 respectively. James Bemrose came 2<sup>nd</sup> in the 800 with 2.36 while Toby Upson came 5<sup>th</sup> in the A race and 3<sup>rd</sup> in the discus. Jason Strauss won the Pole Vault at his first attempt at this event. Kasey Hagen won the B Long Jump with 4.73 and came 2<sup>nd</sup> in the High Jump. Errol Thompson came 3<sup>rd</sup> in the hurdles and also finished 2<sup>nd</sup> and 3<sup>rd</sup> in his jumps. The throwing team were anchored by Finlay Hudson who got a pb of 34.30 in coming 2<sup>nd</sup> in the javelin and then 3<sup>rd</sup> in the shot. Charlie Middleton came 3<sup>rd</sup> in the Hammer and 6<sup>th</sup> in the discus.

The U15 girls were again too strong for the opposition. This time it was an all round performance where they filled in every event to gain the maximum points. Emily Lambert won the 100m before storming to victory in the 300 with 43.3. Enya Moore won the B 100, came 2<sup>nd</sup> in the 200 and showed the application of the girls in getting points in the javelin, her first attempt ever at this event. Keeley Whitlock came 2<sup>nd</sup> in the B 200 and also helped out in the javelin. Rachel Ryan managed 2<sup>nd</sup> in the 800 with 2.32, while Lauren Ramsey also finished 2<sup>nd</sup> in the B race with 2.43. Katie Peake came 4<sup>th</sup> in the 1500 with 5.36. Leah Clement showed her versatility by getting points in the discus, shot and 3<sup>rd</sup> in the 300m. Helena Coe came 3<sup>rd</sup> in the shot and 5<sup>th</sup> in the discus. Christina Day

got 1.25 to finish 2<sup>nd</sup> in the High Jump. Finally Beth Clarke and Lizzie Lehkyi both came 2<sup>nd</sup> in their Long Jump with Clarke getting 12.8 in the hurdles and Lehkyi 13.7.

The U17 boys acquitted themselves well against a formidable Havering team. Newman Calderley started them off with 5<sup>ht</sup> in the 100 and 4<sup>th</sup> in the Long Jump with 4.56. The arrival of Tom Powell and Leon Holmes gave the team a welcome boost with them finishing 3<sup>rd</sup> in the A and B 200m and then helping the relay team to 2<sup>nd</sup> place. Ben Fawcett gained 11.29 to finish 2<sup>nd</sup> in the Triple Jump and also got 6<sup>th</sup> in the 400. Andrew Revell had a busy day, he came 2<sup>nd</sup> in the 800 with 2.08, 3<sup>rd</sup> in the 1500 in 4.27 and 2<sup>nd</sup> in the 400 in 56.9. Paul Roberts won the B discus with 20.39, came 3<sup>rd</sup> in the shot with 10.47 and 4<sup>th</sup> in the javelin. Theo Moore came 2<sup>nd</sup> in the Hammer and shot, and 3<sup>rd</sup> in the A discus with 25.75.

The U17 girls won their section with good performances in the jumps. Charlotte Shelley won the Long Jump with 5.01, the High Jump with 1.53 after finishing 3<sup>rd</sup> in the hurdles. Jess Crissell after her dash across country got a pb of 4.97 to win the B Long Jump and then won the Triple Jump with 10.57. Lucy Barnes came 2<sup>nd</sup> in the 1500, 5<sup>th</sup> in the 800 and again impressed with her discus in finishing 2<sup>nd</sup> with 23.04. Rosemary Aldous came 2<sup>nd</sup> in the shot and hammer before winning the B discus. Emily Robinson stepped up an age group to get a pb in the 300 with 44.7. Earlier Reniks Akintajy came 3<sup>rd</sup> in the 100 and 200 with her partner Chloe Cooper also finishing 3<sup>rd</sup> in the B races.